

ANNUAL REPORT



2018 - 2019

ARYA MAHILA P. G. COLLEGE

CHETGANJ, VARANASI

Admitted to the privileges of Banaras Hindu University, Varanasi
College with Potential for Excellence

ABOUT COLLEGE

Arya Mahila P.G. College was founded and is managed by Shri Arya Mahila Hitakarini Mahaparishad. College was established in 1956 by the efforts of Smt. Vidya Devi Ji, disciple of Shri Gyananand Maharaj Ji who laid the foundation of Bharat Dharma Mahamandal to promote the cause of women in the field of education and to preserve Indian culture and human values. Situated in the heart of Kashi at Chetganj, the college has been admitted to the privileges of Banaras Hindu University since its inception.

Arya Mahila P.G. College endeavours to provide comprehensive, meaningful and relevant education to girls so that they could become intellectually enlightened, morally upright, socially aware and spiritually awakened as every girl has the potential and is the light of world and the pride of human race.

As a result of multi-dimensional progress, dynamic leadership and academic excellence the NAAC (National Assessment of Accreditation Council) has conferred "A" grade to the college in the academic session 2012-2013. In Session 2015-16 College has achieved status of "**College with Potential for Excellence (CPE)**" by UGC. College runs 02 vocational courses under the banner of **Community College** (UGC).

PRESIDENT'S MESSAGE

My message to the Principal, Staff, Students and esteemed Parents of Arya Mahila P.G.College, Varanasi admitted to the privileges of Banaras Hindu University governed by Shri Arya Mahila Hitkarini Mahaparishad, is to dedicate this year to a correct understanding of what education means and let us all benefit from this understanding.

The college is the most preferred place among the students who seek quality higher education. The global standard maintained in infrastructure and pedagogy is commendable. The stimulating and challenging learning atmosphere makes the college unparalleled. We strive for excellence in everything we do. We provide a learning environment that allows every student to thrive as an individual. Excellent performance is not an exception but an expectation at High.

We value collaborative learning, positive relationships and building capacity amongst our students to effectively allow them to engage in the world of the future, where problem-solving, evaluating, working in teams, communicating, creating and innovating are not only valued concepts, but expected skills, attributes and capabilities.

To quote former President of India Mr Abdul Kalam, "All Birds find shelter during a rain. But Eagle avoids rain by flying above the Clouds."

MANAGER'S MESSAGE

Somewhere, something incredible is waiting to be known." -Carl Sagan

I am privileged to be associated with Arya Mahila P.G. College, Varanasi, which has set itself as a model in the higher education scenario. Established in 1956, the college has made remarkable progress in manner and matter. The exemplary and dedicated faculty is a great asset to the institution. Our mission is to provide outstanding education and inspire our students to engage in both academic and enriching extra-curricular programmes.

Our curriculum develops student learning and understanding, a culture of thinking, inquiry and reflection, resilience and independence, always focused upon improving the whole personality and tomorrow's responsible citizens. Our students actively participate in youth programmes, debate and a wide range of competitive and sporting events, service-learning and outdoor activities.

"I wish the institution to grow more as a centre of excellence".

PRINCIPAL'S MESSAGE

“Arya Mahila P.G. College established in the year 1956 and admitted to the privileges of Banaras Hindu University in the year 1958, was a dream envisioned by its founders Smt. Vidya Deviji an able disciple of Swami Gyananand Maharaj Ji. The guiding principle of the college remains the empowerment of the girl child through holistic education and to promote the over all development of the personality of the students to meet the global challenges. As a Principal of this esteemed institution, I take great pride in humbly dedicating my services in taking college to greater heights.”

FOUNDATION DAY

Shri Arya Mahila Hitkarini Mahaparishad celebrated its 99th foundation day on 14th Dec. 2018 in which all the educational institutes of Mahaparishad participated. **Honourable Dr. Rita Bahuguna Joshi, Cabinet Minister of Women Welfare, Family Welfare, Maternity and Child Welfare and Tourism, Govt. of Uttar Pradesh**, was the chief guest of the function. Dr. Shashikant Dikshit, the General Secretary, presented the Annual Report and all the educational institutes of the Mahaparishad presented colourful cultural programmes in the evening. A play on Maharathi Karn was performed by the students. All the rank holders from all five institutions were felicitated in this programme. Newsletter “DARPAN” and College Magazine “SARJANA” released on this occasion.







राष्ट्र निर्माण के लिए आगे आएं छात्राएं

➤ आर्य महिला हितकारिणी महापरिषद के स्थापना दिवस में शामिल हुई सूबे की मंत्री रीता बहुगुणा जोशी

varanasi@next.co.in

VARANASI (14 Dec): आर्य महिला हितकारिणी महापरिषद के स्थापना दिवस समारोह के दूसरे दिन प्रथम सत्र की चीफ गेस्ट महिला कल्याण, परिवार कल्याण, मातृत्व और बाल कल्याण, पर्यटन मंत्री उम. डॉ. रीता बहुगुणा जोशी रहीं। इस दौरान उन्होंने कहा कि आर्य महिला हितकारिणी महापरिषद द्वारा संचालित समस्त शिक्षण संस्थाओं के संस्थापक महर्षि ज्ञानानंद एंव उनकी सुयोग्य शिष्या विद्या देवी के पुण्य प्रताप का प्रमाण है कि यहाँ से शिक्षा प्राप्त करने वाले बालक बालिकाएं मेधावी और संस्कारों से परिपूर्ण होते हैं। उन्होंने विशेष तौर पर नारी शिक्षा पर व्याख्यान दिया।



गणेश प्रतिमा देकर मंत्री डॉ. रीता बहुगुणा जोशी का किया गया अभिनंदन.

साक्षी मलिक, मिताली, कल्पना चावला का उदहरण देते हुए छात्राओं को प्रोत्साहित करते हुए कहा कि वे लिंग भेद को दौबारों को तोड़कर राष्ट्र निर्माण के लिए आगे आएं। इस दौरान छात्राओं को अवाई देकर सम्मानित किया गया। इस अवसर पर आर्य महिला पीजी

कॉलेज की दो शिक्षिकाओं डॉ. बृजबाला व डॉ. सुचिता त्रिपाठी द्वारा न्यूज लेटर दरपण का विमोचन किया गया। इसके साथ ही समारोह में सांस्कृतिक कार्यक्रम का आयोजन किया गया। कार्यक्रम का संचालन डॉ. चंद्रकांता तथा धन्यवाद ज्ञापन डॉ. अनुपम दौक्षत ने किया।

Sat, 15 December 2018
inextpaper.jagran.com/c/34886568



आर्य महिला हितकारिणी महापरिषद के 99वें स्थापना दिवस पर पांचों शिक्षण संस्थाओं की मेधावी छात्राओं का हुआ सम्मान, दो पुस्तकों का विमोचन भी हुआ

डिग्री वही जो छात्र-छात्रा को स्वावलंबी और सुदृढ़ बनाये : रीता बहुगुणा

वाराणसी | कलांतर संवाद



कोट्य निरपेक्ष को देखकर तोड़कर एट्यूमिंग के लिए आगे आए। शिक्षा होने का उद्देश्य मात्र डिग्री लेना नहीं रीता बौलक आर्थिक स्वायत्त के साथ मुदु होकर खड़े रहना है। यह कहना है महिला एवं बाल कल्याण व पर्यटन मंत्री डॉ. रीता बहुगुणा जोशी का। वह मुद्राकर को आर्य महिला हितकारिणी महापरिषद के 99वें स्थापना दिवस समारोह में वही मूला अतिथि उपस्थित थीं। इस अवसर पर पांचों शिक्षण



छात्राओं ने मारवी एवं नटक का प्रदर्शन करने किया।

संस्थाओं पीजी कॉलेज, मॉडल स्कूल, इंटर कॉलेज, बाल विद्या

को सम्मानित किया गया। इसके साथ संस्थान की ओर से चर्चित छात्राओं को भी ज्ञानिक विम्वन प्रदान किया

रवा। कार्यक्रम में कोलित की शिक्षिकाओं डॉ. बृजबाला सिंह व डॉ. सुचिता त्रिपाठी को पुस्तकों क्रमशः पारम्परा के कवि लेखन व नारी मुक्त-पत्रा के साथ कलित के न्यूज लेटर दरपण का विमोचन हुआ। इस अवसर पर छात्राओं ने मारवी कर्म नटक का प्रदर्शन करने किया। अतिथियों का स्वागत सदनकारण प्रोडर व पूजा दीर्घा ने किया। डॉ. शशिभक्त टोपील ने कोलित की वार्षिक रिपोर्ट प्रस्तुत की। संचालन डॉ. शानम त्रिपाठी व डॉ. चंद्रकांता शर्मा और धन्यवाद ज्ञापन डॉ. अनुपम दीक्षित ने किया।

REPUBLIC DAY

Republic Day was celebrated in the College on 26/01/2019 with Arya Mahila Hitkarini Mahaparishad.



INDEPENDENCE DAY

Independence Day was celebrated on 15th August 2018 with all the Academic Institutions of Arya Mahila Hitkarini Maha Parishad.



BIRTH ANNIVERSARY

Birth Anniversary of our founder Swami Gyananand ji Maharaj's birthday is celebrated as Shri Krishna Janamashtami every year.

Birth Anniversary of our founder **Smt. Vidya Devi ji** was celebrated as “**VIDYANJALI PROGRAMME**” on 5th October 2018. On this occasion, a lecture on VALUE AND ETHICS was delivered by Dr. Uma Pant, Rtd Associate Professor, Department of Philosophy, Arya Mahila P.G College. Newsletter “DARPAN” of college too was released on this occasion.



BASANT PANCHAMI

Basant Panchami was celebrated as **Saraswati Puja** in collaboration with Arya Mahila Hitkarini Maha Parishad on 10th February 2019. Members of Hitkarini Mahaparishad along with college staff and students were present on this occasion.



INTERNATIONAL YOGA DAY

International Yoga day was celebrated on 21st June 2019 in college auditorium. All the members of Hitkarini Mahaparishad and college staff along with students performed Yoga on this day. Yoga teacher Km. Geeta Singh with

the team members Mr. Suneel Pathak, Divya Bajpai, Sabita, demonstrated various Yogasans such as Anulom-Vilom, Pranayam, Kapal Bhati etc.





ONE DAY INTERNATIONAL SEMINAR ON
“ENVIRONMENT CULTURE & RELIGION: PAST TRADITIONS AND
PRESENT CHALLENGES

Department of AIHC & Archaeology, AryaMahila P. G. College under the aegis of IQAC organized an international seminar on 12th Feb. 2019 entitled **“Environment, Culture & Religion: Past Traditions and Present Challenges”**.

Keynote speaker of the seminar was Dr. Hari Mohan Upadhyay, from **Centre of Advance Materials, School of Engineering, South Bank University, London, UK**. Dr. Kumkum Malviya, Principal, Shri Agrasen Mahila P.G College was the Guest of Honour who made special address to the chief guest of the event. Dr. Ranjana Malviya was the Convenor of this Seminar and Dr. Suneeta Yadav was Organizing Secretary.

This seminar had three technical Sessions. First technical session titled “Environment Culture & Religion” was chaired by Dr. ShuchitaTripathi, Associate professor, Dept. of Hindi, AMPGC. Second one was “Environment in Art , Archaeology and Literature” chaired by Dr. Brijbala Singh, Associate Professor, Dept. of Hindi, AMPGC and third one was “Environmental Awareness and Society”, chaired by Dr. Bhawana Trivedi, Associate Professor, Dept. of Political Science.

Under the three technical sessions mentioned above 20 research papers were presented by the teachers and the students. In the Research committee “Environment Culture & Religion” discussions were oriented towards the role of Religion and Culture to Protect Environment.

Registration Form	Patrons	INTERNATIONAL SEMINAR
INTERNATIONAL SEMINAR Environment Culture and Religion : Past Traditions & Present Challenges Date : 12.02.2019	Dr. Shashikant Dikshit, Manager, A.M.P.G.C., Vns. Prof. Rachana Dubey Principal A.M.P.G.C., Vns.	INTERNATIONAL SEMINAR Environment Culture and Religion : Past Traditions & Present Challenges Date : 12.02.2019
Name : Designation : Department : Institute/ University : Address : E.mail : Mob. No. : Topic of paper : Details of Fee : Mode of Payment : (Cash / Demand Draft) Accommodation Require : Yes / No Date : Place : Signature	Convener Dr. Ranjana Malviya Associate Professor Deptt. of A.I.H.C. & Arch Mob. No. 9984620241 E.mail - ranjana.ampgc@gmail.com Organizing Secretary Dr. Sumita Yadav Assistant Professor Deptt. of A.I.H.C. & Arch Mob. No-7897460669 E.mail - syadav8020@gmail.com Member of Executive Committee Smt. Shachi Malaviya Dr. Manju Rai Dr. Mamata Sanyal Dr. Brijbala Singh Dr. Saroj Rani Dr. Madhumita Bhattacharya Dr. Bhavana Trivedi Dr. Bindu Lahiry Dr. Suchita Tripathi Dr. Manish Tiwari Dr. Mamata Gupta Dr. Kumari Priti Dr. Anita Singh Dr. Samvedana Singh Mr. Amit Dubey Dr. Afjal Hussain Address for Communication Convener / Organizing Secretary INTERNATIONAL SEMINAR Arya Mahila P.G. College, Varanasi Email : ranjana.ampgc@gmail.com syadav8020@gmail.com Mob. No. : 9984620241, 7897460669	  Organized by Deptt. of Ancient Indian History Culture & Archaeology Arya Mahila P.G. College, Varanasi Grade "A" Accredited by NAAC & "College with Potential for Excellence" by UGC (Admitted to the Privileges of Banaras Hindu University, Varanasi) Email: ampgc.vns@gmail.com Phone:0542-2411893 Website : ampgc.ac.in Fax:0542-2401287
(Photo Copy of this registration form is also accepted) Important Dates <ul style="list-style-type: none"> Last date of abstract submission 1.01.2019 Last date of full paper submission 30.01.2019 		



भविष्य की मुख्य शक्ति सौर ऊर्जा : प्रो. उपाध्याय

वाराणसी (एसएनबी)। सेंटर फ़ार एडवॉन्सड मैटेरियल्स स्कूल आफ इंजीनियरिंग साउथ बैंक युनिवर्सिटी लंदन के प्रो. हरिमोहन उपाध्याय ने संस्कृति एवं धर्म के परिप्रेक्ष्य में वैदिक पर्यावरण की चर्चा करते हुये कहा कि वेदों में सूर्य को देव रूप और ऊर्जा का प्रमुख स्रोत माना गया है। वे प्राचीन भारतीय इतिहास संस्कृति एवं पुरातत्व विभाग आर्य महिला पीजी कालेज द्वारा एनवायरमेंट कल्चर एण्ड रिलीजन : पास्ट ट्रेडिशन एण्ड प्रेजेन्ट चैलेन्जेस



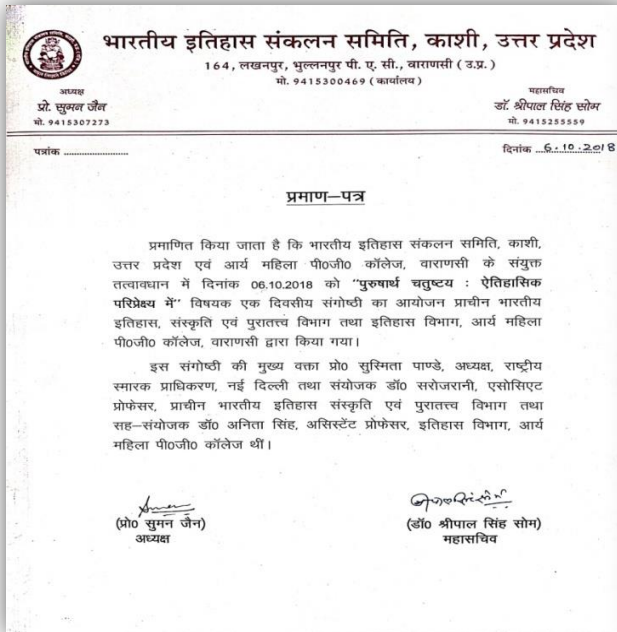
विषय पर अन्तरराष्ट्रीय संगोष्ठी में वतौर मुख्य वक्ता बोल रहे थे। उन्होंने कहा कि आज इस तकनीकी युग में भी सूर्य की इस महत्ता को सहज स्वीकार किया

गया है और सौर ऊर्जा को भविष्य की एक प्रमुख शक्ति के रूप में स्वीकार किया गया है। अध्यक्षीय सम्बोधन में प्राचार्य प्रो. रचना दूबे ने छात्राओं से पर्यावरण को संरक्षित करने का आह्वान किया। इस

सत्र में विषय प्रवर्तन डॉ. रंजना मालवीय व धन्यवाद श्रीमती सची मालवीय ने एवं संचालन डॉ. सुनीता यादव ने किया। इस अवसर पर डॉ. सरोज रानी, डॉ. वृजबाला सिंह, डॉ. सुचिता त्रिपाठी, डॉ. मंजु राय, डॉ. संवेदना सिंह, डॉ. ममता गुप्ता, डॉ. चन्द्रकान्ता राय, डॉ. मनीष तिवारी, डॉ. सुमन तिवारी उपस्थित रहे। संगोष्ठी के द्वितीय सत्र में पर्यावरण के विविध पहलुओं पर डॉ. वृजबाला सिंह, डॉ. बिन्दु लहिड़ी, डॉ. सुचिता त्रिपाठी, डॉ. गरिमा गुप्ता, डॉ. मनीष तिवारी ने शोध पत्र वाचन किया। इस सत्र में शोध छात्रों द्वारा भी शोध पत्र प्रस्तुत किये गये। संगोष्ठी में महाविद्यालय के विभिन्न विभागों के शिक्षकों एवं छात्राओं की उपस्थिति रही।

ONE DAY NATIONAL SEMINAR

Department of A.I.H.C. & Archaeology & Department of History jointly organized one day National Seminar in association with ItihasSankalInSamiti, KashiParant. The keynote speaker Prof. SushmitaPandey (chairperson of National Monument Authority, New Delhi) delivered lecture on the topic “PurusharthChatustaye- AitihāsikParipekshya Mein” held on 06/10/2018 in the Seminar Hall of the college. More than 20 research scholars presented their Papers. Convener of the Seminar was Dr. Saroj Rani (Asso. Prof., Department of AIHC & Arch.). Total fifty students participated in this seminar.



ONE DAY NATIONAL SEMINAR ON “INDIA’S CULTURAL HERITAGE: A CIVILIZATIONAL LEGACY TO THE WORLD”

One-day national seminar was organized by the department of AIHC & Archaeology on “India’s Cultural Heritage: A Civilizational Legacy to the World” on 25th January 2019. The Seminar was organized in three sessions. In first session, Padma Shri Prof. Yarlagadda Lakshmi Prasad was Keynote

speaker and delivered his lecture on “Relevance and Importance of Rich Indian Culture and Heritage”. In the second session, Dr. Kamlesh Tiwari, (Asst. Professor, Dept. of History, Rajkiya Mahila Mahavidyalaya, DLW, Varanasi) discussed the “Origin of Indian Heritage and its Expansion”. Dr. Amit Kumar Upadhayay (Asst. professor Dept. of AIHC & Arch, BHU) delivered his lecture on “Comparative discussion of Indian Culture” in the third session. Total fifty students participated in this seminar.

Keynote Speaker –
Prof. Yartagadda Lakshmi Prasad (Padma Shri)

Additional Speaker –
Dr. Kamlesh Tiwari
Asst Professor
Dept of History
Rajkiya Mahila Mahavidyalaya
DLW, Varanasi
&
Dr. Amit Kr Upadhaya
Asst professor
Dept of AIHC & Arch, BHU

Manager–
Dr. Shashikant Dixit

Principal–
Prof Rachna Dubey

Convener –
Dr. Samvedana Singh

Organizing Secretary–
Dr. Shuchi Malaviya
Dr. Saroj Rani

Organizing Committee–
Dr. Ranjana Malaviya
Dr. Sunita Yadav
Dr. Afjal Hussain
Dr. Amit Dubey

**National Seminar
On
India's Cultural Heritage:
A Civilizational Legacy to
the world**
(Under the Aegis of IQAC)


Arya Mahila PG College
Chetgunj, Varanasi
Accredited grade "A" by NAAC

Date & Time – 25th Jan 2019, 10am onwards

Organized by:
Dept of AIHC & ARCHAEOLOGY

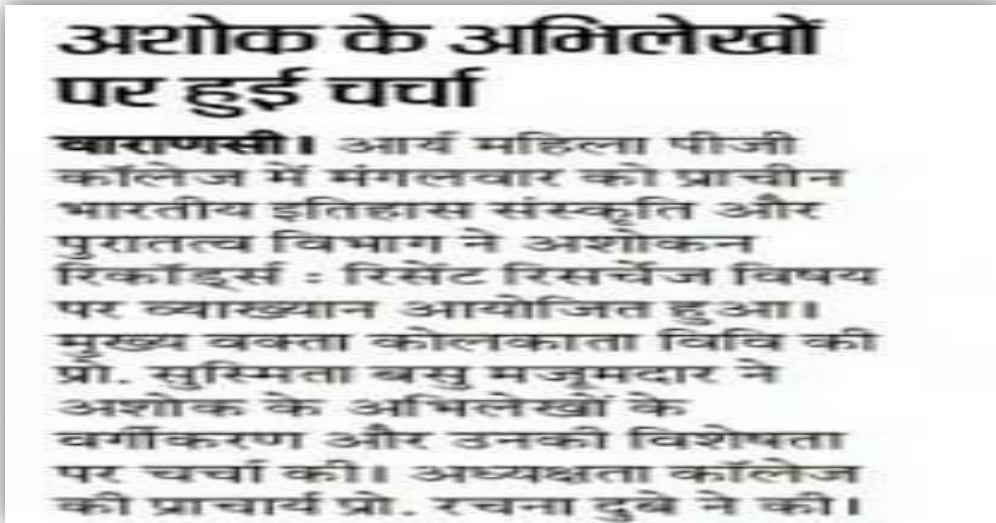
About the Seminar –
"If human civilization is a crown then Indian civilization is undoubtedly the most shining gem in that crown". Indian civilization boasts of its rich cultural heritage and legacy. However, in today's world of modernization, one often tends to forget these facts. This seminar will help the audiences realize the true worth of India's rich legacy. **Prof. Yartagadda Lakshmi Prasad (Padma Shri)** is a distinguished speaker on international platform and needs no introduction. It would be true honor to hear his views and thoughts about how we Indians can be successful in every aspect of our lives if only we realize the true potential of our rich heritage and follow the footprints of our ancestors.

Schedule of the event is as follows: -
First Session – 10 AM To 11:30 AM
Tea Break – 11:30Am To 12 NOON
Second Session – 12 To 2:30 PM
Lunch break – 2:30 PM To – 3:00 PM
Third Session – 3:00 PM To 5:00PM



ONE DAY LECTURE ON ASHOKAN BRAHMI INSCRIPTIONS

Department of AIHC & Arch. with the IQAC cell under Vimarsh academic forum on 09/10/2019 in the Seminar Hall of College. The main speaker was **Prof. Susmita Basu Majumdar, Department of AIHC & Archaeology, CULCUTTA UNIVERSITY.** She shed light on the importance of **Ashokan Brahmi Inscriptions** found in different places of Karnataka and Andhra Pradesh, such as Govi Math, Siddhpur, Brahm Giri, Junting Rameshwar, Palakki, Guti , Gundu and Maski, etc. She emphasized that from the inscriptions of Ashoka, we derive useful information on conquest, extent of kingdom and many other achievements made by Ashoka in different fields.



LECTURE ON “KUMBHHA ITIHAS AUR PARAMPARA”

Dr. Ranjana Malviya, Dept. of AIHC and Arch, AMPGC organized a Lecture UNDER THE AEGIS OF IQAC on 25th August 2018 with the title “**Kumbha Itihas aur Parampara**”. The Keynote speaker was Prof. D.P. Dubey, University of Allahabad. He spoke on historical importance and continuity of the tradition of Kumbhha . This lecture proved to be very useful for the Students and Faculty alike. The valuable lecture mainly focused on the practical information on the topic and was very well received by the audience. A very engaging Question and Answer Session, which included faculty and students, clearly showed the inclusive nature of the seminar and its effectiveness. Fifty (50) Students were enlightened by the lecture.



HERITAGE WALK

A **Heritage Walk** was organized by the Department of AIHC and Archaeology on 19/11/2018 on **Ghats of Varanasi**. Twenty-five students participated in educational tour. The study of the subjects like AIHC & Arch. is presently constrained only to the demands of the curriculum much on the same lines of field-study (but confined in terms of the place covered), the department wishes to inculcate the sense of pride, acceptance and responsibility among the students. Though this is focused around a very specific place that it covers, it definitely will add to the much-needed awareness about preserving our glorious unmatched legacy. With students of each batch passing out, the department is attempting to contribute in its own little way to the big goal of spreading awareness by means of encouraging and inspiring students about Ancient Indian History, Culture & Archaeology.



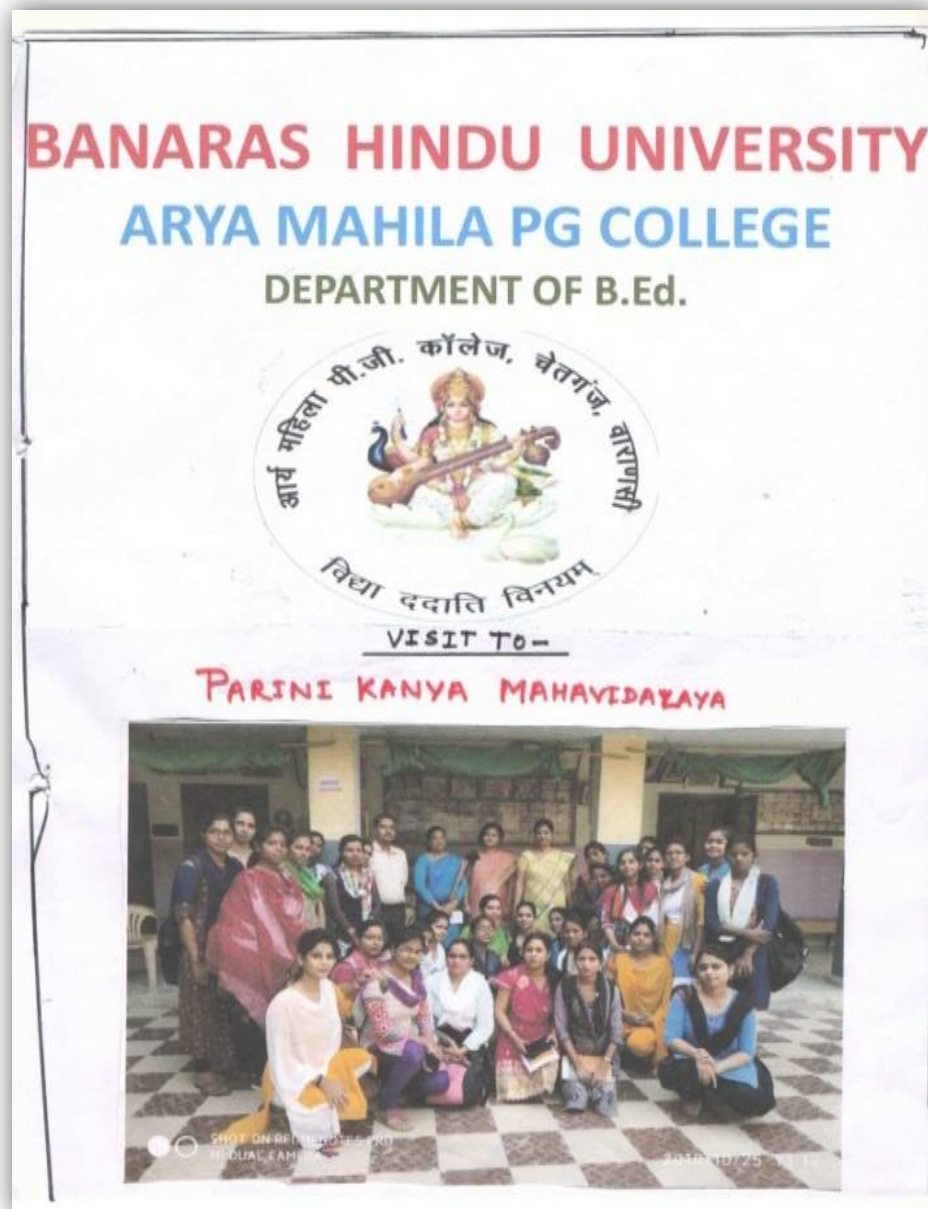
EDUCATIONAL VISIT

An Educational Visit was organized by the Department of AIHC and Archaeology on 23/04/2019 to Shooltankeshwar Mahadev, Madhopur, Varanasi. The importance of this religious place and its cultural importance were taught to the students. Students and faculty members planted various saplings to promote the green environment among people.



GENDER SENSITIZATION PROGRAMME

The Department of B.Ed organized one-day Gender Sensitization programme and visited ‘Panini Kanya Mahavidyalaya’ Mehmooorganj, Varanasi on 25/10/2018. The objective of this program was to appreciate the dedication of girls in chanting of Vedic mantras-a stereo type profession of male Brahmins, which was performed by male in ancient times. Forty-eight students participated in this.



NUKKAD NATAK AND VOTER AWARENESS PROGRAMME

Our students performed extension activity such as Nukkad Natak titled “Cyber Crime” and “Voter awareness” at Assi Ghat (bank of Ganga) for public awareness regarding responsibilities. Both the enactments were for strengthening the motive of prime minister Sri Narendra Modi Ji. The programme was organized on 09/03/2019 and forty-three students actively participated in the programme.



NUKKAD NATAK ON VOTER AWARENESS

A Voting Awareness programme was organized by the Department of B.Ed. Another Nukkad Natak was based on people's awareness of their voting rights. This was performed in the campus of Arya Mahila P.G. College, Varanasi on 30/03/2019. This was enacted just before the voting date of Indian general election of 2019. This event sensitized the students about their voting rights and also helped them to understand their responsibility towards Indian democracy. This Nukkad Natak was recorded on 10th April 2019 to be shown in rural areas for generating awareness of voting rights among the people of rural areas and also at different places to spread the awareness of voting rights in Varanasi. Forty-three (43) students participated in it.



ONE DAY NATIONAL SEMINAR ON “SAMAJIK VIKAS EVAM MANAV MOOLYA”

The Alumuni cell of the college along with the departments of Education and Sanskrit organized a one-day National Seminar on the theme “ Samajik Vikas evam Manav Moolya” on 31st January 2019. The chief guest of the seminar was Dr. Vandana Pandey, Associate Professor, Rajkiya Mahila Mahavidyalaya and Dr. Sweta Dwivedi, Assistant Professor from Mizoram University was the Guest of Honour. The Seminar was planned in four parallel sessions.

First Session of the seminar was chaired by Dr. Arti Srivastava, Assistant Professor, Department of B.Ed. Dr. Anita Agrawal was the Key Note Speaker for this session with following sub- themes:

- Vedic Vangmaya mein Manav Moolya.
- Sanskrit Vangmay mein Manav Moolya.
- Shikshashastra Vangmay mein Manav Moolya.
- Manav moolya evam Sanskar.
- Total thirty (30) participants presented their papers in the first session.

Dr. Mamta Gupta, Assistant Professor, Department of Philosophy chaired the second session. Total twelve candidates presented their papers in this session. Dr. Poonam Jaiswal was the Keynote Speaker for this session. The Second Session had following sub-themes:

- Angla Sahitya mein Manav Moolya.
- Ramayan evam Mahabharat mein Manav Moolya.
- Pauranik Vangmay mein Manav Moolya.
- Shreemad Bhagwat Geeta mein Manav Moolya.

Dr. Annapurna Dixit was the key-note speaker for the third session and Dr. Pushpa Tripathi chaired the session. Total thirty participants were there in this

session and twelve of them presented their papers. The third session was planned with the following sub-themes:

- Hindi Sahitya mein Manav Moolya.
- Samajik Visangatiyon ke nirvana mein manav moolya.
- Arthshastra evam Manav Moolya.

The Fourth session was chaired by Dr. Chandrakanta Rai. Dr. Divya was the keynote speaker for this session. Twenty-five students participated in this session and ten out of them presented their papers. This session had following sub-themes.

- Manav Moolya evam Samaj Shastra.
- Prabandhshastra evam Manav Moolya.
- Darshan Shastra evam Manav Moolya.



निःस्वार्थ सहयोग से मानव मूल्यों का विकास संभव

वाराणसी (एसएनबी)। पूर्व छात्र समिति, संस्कृत-विभाग एवं शिक्षा शास्त्र विभाग, आर्य महिला पीजी कॉलेज, चेतगंज, वाराणसी के संयुक्त तवावधान में 'सामाजिक

आर्य महिला पीजी कालेज में 'सामाजिक विकास एवं मानव मूल्य' विषय पर संगोष्ठी

विकास एवं मानव मूल्य' विषय पर एक दिवसीय राष्ट्रीय संगोष्ठी का आयोजन बृहस्पतिवार को किया गया।

मुख्य वक्ता डॉ. चन्द्रना पाण्डेय राजकीय महिला महाविद्यालय मऊ घोसी ने कहा कि परस्पर एवं निःस्वार्थ सहयोग से मूल्यों का विकास किया जा सकता है। विशिष्ट अतिथि डॉ. स्वेता द्विवेदी असिस्टेंट प्रोफेसर मिजोरम ने शिक्षा द्वारा वैश्विक मानवीय मूल्यों के विकास पर बल दिया। डॉ. प्रज्ञा दीक्षित प्रवक्ता, राजकीय बालिका इण्टर कॉलेज,



गाजीपुर ने इस बात पर बल दिया कि शिक्षा व्यवस्था में बदलाव के द्वारा छात्रों में मूल्यों का विकास किया जा सकता है।

कार्यक्रम का शुभारम्भ दीप प्रज्वलन, कुलगीत एवं मंगलाचरण से किया गया। अतिथियों का स्वागत डॉ. बिन्दू लाहिड़ी एवं धन्यवाद ज्ञापन डॉ. जया मिश्रा ने किया। कार्यक्रम का संचालन डॉ. विनीता ने किया।

अध्यक्षीय सम्बोधन प्राचार्या प्रो. रचना दूबे ने एवं विषय प्रतिस्थापन डॉ. चन्द्रकान्ता राय ने किया। कार्यक्रम में महाविद्यालय के प्रबन्धक डॉ. शशिकान्त दीक्षित, डॉ. नमिता सिन्हा, डॉ. ममता गुप्ता, डॉ. आरती श्रीवास्तव, डॉ. पुष्पा त्रिपाठी, डॉ. अन्नपूर्णा दीक्षित, डॉ. पूनम जायसवाल, डॉ. अंशुल जायसवाल, डॉ. दिव्या मौजूद रहीं।

SEVEN DAYS COMPUTER WORKSHOP

A Seven-day computer awareness workshop from 4th Feb. to 10th Feb. 2019 was organised by the Department of B.Ed. in collaboration with Paathshala (NIELIT Accr. No: O2284). Forty-Six (46) students participated in this workshop.



FIVE-DAY SCOUT AND GUIDE CAMP

A five-day Scout/Guide programme was organized on 21th-25th January 2019 for B.Ed. 2nd year students. The programme was conducted by two experienced instructors; Dr. Vijay Lakshami Pandey and Mr. Saroj Pandey. The students & teachers were divided into small groups and each group had its leader who was responsible for the rank. The group received the ranks on the last day of the Scout/Guide programme.



EXTENSION ACTIVITY

The department of Commerce organized a one-day extension activity at orphanage home APANA GHAR. Total seventy students participated in this activity along with the faculty members.



NUKKAD NATAK ON WOMEN EDUCATION

A Nukkad Natak was played by the students of commerce on the occasion of International Women's Day (8th March, 2019). The theme of this event was 'Beti Bacho, Beti Padho' and 'Bhroon Hatya'. More than twenty students performed and 150 students along with five faculty members of the department participated in this program.





INDUSTRIAL VISIT

The Department of Commerce organized two industrial visits. The students of B.Com. (Hons.) visited “**Patanjali Centre**” Haridwar on 10th April 2019. The objective of this visit was to provide practical exposure of manufacturing goods and services. Total thirty-five students participated in the same.

Two Industries to R.A.S. Polytechnic & M.P. Biscuit Ramngar Chandauli, were visited by the department of Commerce on 17th April 2019. Eighty students of B.Com. VI sem. (Marketing and Finance) went on the visit. The objective of the visit was to provide practical exposure of goods and services in the industry. Written feedback was also taken from the students regarding the industrial visit.



NATIONAL SEMINAR ON
“WOMEN ENTREPRENEURSHIP IN INDIA: CHALLENGES AND
PROSPECTS”

A two-day National Seminar on the topic ‘**Women Entrepreneurship in India: Challenges and Prospects**’ was organized by the department of Commerce from 15th -16th March, 2019. The theme of the seminar mainly focused the social and economic problems faced by women entrepreneurs and makes some suggestions to overcome the major problems encountered by them as well as government initiatives towards women entrepreneurship era.

The chief guest for the inaugural session (15th March) was Prof. O. P. Rai, Pro-VC of Central University of South Bihar and Prof. Manas Pandey, Head and Dean, Faculty of Management, Purvanchal University, Jaunpur was the Guest of Honour.

There were three technical sessions. The first technical session was chaired by Pro. K. S. Jaiswal (Co-Ordinator IQAC, Faculty of Commerce, MGKVP) and Co-chaired by Dr. Shardul Choubey (Registrar RGSC , Mirzapur). The second technical session was chaired by Prof. B. Mishra, Ex Head and Dean, Faculty of Commerce, Udai Pratap Autonomous College, VNS and was Co-chaired by Dr. Amit Kumar Singh (Head, Department of Economics, U.P. College, VNS). The third technical session was chaired by Dr. Rajeev Singh, Principal Sunbeam Women’s College Varuna and was Co-Chaired by Dr. S. P. Singh (Head Department of Commerce, Raj SMS). Several Topics were discussed in the seminar and more than 300 delegates participated /presented papers in the seminar.

In Valedictory session (16th March, 2019) the chief Guest was Mr. Kauslendra Singh Ex-Mayor and Member of Backward Commission of India and Guest of Honour was Mrs. Mridula Jaiswal, Mayor of Varanasi. Eminent women entrepreneurs presented their views on burning issues of women

entrepreneurship in this session. Some of them were Mrs. Shraddha Sinha (Craft Mini India), CA Sudeshna Basu, Ms. Pooja Goswami (Event Planner). Three Hundred participants participated in this conference.



ONE-DAY LECTURE ON INTELLECTUAL PROPERTY RIGHTS

A one-day lecture was organized by the commerce department on Intellectual Property rights on 14/11/2018. Prof H.B. Singh was the Guest speaker. Two hundred students were benefited from this lecture.



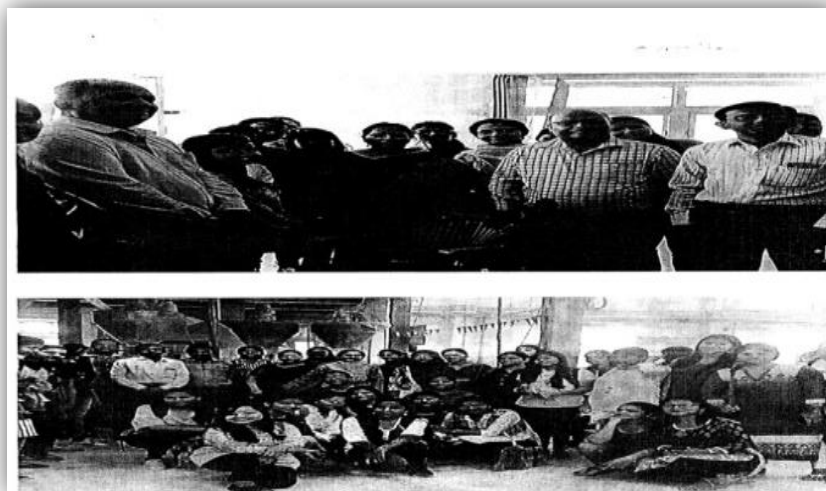
LECTURE ON “ETHICAL MARKETING PRACTICES IN PRESENT SCENARIO”

A one-day lecture was organized on Business Ethics by the department of Commerce on 15th November 2018. Professor B. Jha from Commerce Faculty, BHU delivered lecture on “Ethical Marketing Practices in present scenario”. Two hundred (200) students participated in the same.



INDUSTRIAL VISIT

Two Industries, **R.A.S. Polytechnic & M.P. Biscuit Ramngar, Chandauli**, were visited by eighty students of Marketing and Finance of B.Com. VI semester on 17th April 2019. The objective of the visit was to provide practical exposure of goods and services of the industry. Written feedback was also taken by the students regarding the industrial visit.



Industrial visit

Industrial visit of Economics Department was organized to **Jhunjhunwala plastalloy** on 18/04/2019 with 63 student and faculties of the department.



NATIONAL SEMINAR ON “INDIAN ECONOMY-ISSUES AND CHALLENGES”

The department of Economics, with full-fledged participation of its faculty members and students, organized a seminar on 30th March 2019 in the honour of centenary year celebration of the establishment of the department of Economics, Banaras Hindu University. Dr. Shashibala Srivastava, HOD, AMPGC was the convener. The theme of this seminar was “Indian Economy-Issues and Challenges”. Seminar was organized in two sessions-pre-lunch, session 1 (11.00 AM-1.30 PM) and the post-lunch, session 2 (2.00 PM-4.30 PM).

Prof. Rachana Dubey, Principal, AMPGC welcomed the guests. District Magistrate Mr. Surendra Singh was the chief guest of the seminar. He acquainted the students with the significance of vote in the life of a citizen and made them aware in making of a better government that has better and clearer

objectives of welfare and development. The DM indicated the students to work for their better resolution as a part of the economy.

First session was chaired by Prof. AK Gaur, HOD, dept. of Economics, BHU. The keynote speaker was Prof. B V Singh, dept. of Economics, BHU. The speeches in the first session stimulated plenty of questions around the issues emerging in Indian Economy and the

potential challenges like employment-unemployment relations, poverty and inequality, growth and development of different sectors, distress and other issues: agriculture, youth and governance and many more. Prof B V Singh had noticed that the consciousness of the citizen might be critical regarding the development issues, therefore the different aspects of development would be seemed in a balanced way but must not being evaluated only in terms of politically motivated opposing forces. The same argument had come through later lectures by Prof. N K Mishra and Prof. Nidhi Sharma. Prof. A K Gaur had pointed towards the method incorporated in the evaluation of economy. He had also given the mathematical limitations and the superiority of the methods, in this regard. They had commonly focused on the fallacy of data depicted and the methods incorporated in the government documents and had suggested to believe in near observations. Dr. Shashibala Srivastava gave an overwhelming vote of thanks to the first session. In the second session many other issues related to agriculture industry, government, market etc. were discussed in details by Dr. Vibha Singh, Dr. Anoop K Mishra, Dr. Preeti Singh and Dr. Yogita Beri, Mr. Ravish Kumar Shukla, Dr. Manju Banik ,Mr Pradeep Kumar Singh. Dr. Ranjana Seth (HOD,VCW) presided the second session. The programme conduction was done by Dr. Annapurna Dixit. Dr. Manju Banik gave an overwhelming vote of thanks to the second session.



POSTER COMPETITION ON ENVIRONMENT PROTECTION

Poster making Competition on “Environment Protection” was held on 13th March, 2019 in the Department of Economics, Arya Mahila P. G. College, Varanasi. 105 B.A. (Hons.) and M.A. Economics students participated in the competition. The convener of the poster making competition was Dr. Manju Banik, Associate Professor, Department of Economics and the organizing secretary was Dr. G. K. Sinha, Assistant Professor, Department of Economics. Evaluation of the posters was done by a panel of judges namely Dr. Sachi Malviya, Associate Professor, Department of A.I.H.C. & Arch., Dr. Jhumur Sen Gupta, Associate Professor, Department of Bengali. Dr. Bindu Lahiry, Associate Professor, Department of Bengali, Dr. Sashibala Srivastava, Associate Professor of Department of Economics. The other teaching faculties of the Department of Economics namely Dr. Manju Rai, Associate Professor, Department of Political Science, Dr. Annapurna Dixit, Assistant Professor and Mr. Pradeep Kumar, Assistant Professor, Miss Rashika Singh also contributed in organizing the poster making competition.

Miss Enna Roy Choudhury won the first prize and 2nd and 3rd prize were won by Sweta Chopra, Sujata Rai. Consolation prize went to Miss Renuka and Jyoti Jyotsana. The prizes were distributed by the chief guest Dr. Shashikant Dixit, the Hon'ble manager of Arya Mahila P. G. College and the Principal of the college, Prof. Rachana Dubey. The chief guest the principal of the college and Dr. Manju Banik, the convener of the poster making competition delivered the lectures on the need of the environmental protection. The vote of thanks was given by the convener Dr. Manju Banik and at the end the National Anthem was sung by all.



POSTER COMPETITION ON VOTER AWARENESS

An Inter-departmental Poster Making competition on ‘Voter Awareness’ was organized by the Dept. of English on 30th March 2019 in front of the Old Hall. The District Magistrate of Varanasi arrived to visit. The jury members in the competition were Dr. Chandrakanta Rai, Ms. Arti Srivastava and Dr. Bhanumati Mishra. The I prize winner was Shambhavi Singh(B.A. III year), II Prize went to Tanisha Lahiri(B.A. I year) and III prize winner was Devangi Bose (B.A. II year). Consolation prize went to Afreen Saleem, Pragya Tripathi and Shivangini Gaur.



POSTER COMPETITION ON INDIA AND PEACE

An Inter-departmental Poster Making competition on ‘**India and Peace**’ was organized by the Dept. of English on 25th Sept. 2018 in the language lab of the college. The Principal visited the lab. The jury members in the competition were Dr. Manju Rai and Dr. Sanchi Malviya. One hundred and fifty (150) students participated in this competition.



NATIONAL SEMINAR ON ENGLISH POETRY

A National seminar on **English poetry** was organized by the Department of English and Vimarsha Academic Forum on 6th April 2019 at 11 o'clock at Arya Mahila PG College, Chetganj Varanasi. The Guests of honour were Prof. Uday Shankar Ojha from Jai Prakash University, Chhapra and the speaker, Lata Dubey from Banaras Hindu University. The students were benefited through the lecture. The purpose of the seminar was to understand and acknowledge the subject in better manner. Three hundred (300) students attended this seminar.



ONLINE INTERCOLLEGE CREATIVE WRITING COMPETITION

On the occasion of 'Ambedkar Jayanti', the Dept. of English, Arya Mahila P G College had organized an 'online inter-college creative writing competition' [Genre: Short Story] on the theme 'Social Cohesion' for UG and PG students of Banaras Hindu University and its affiliated Colleges. The aim of the organizing committee of the department was to bring out the creative side of the budding writers. Despite the on going internal exams, the organizing committee received overwhelming response from the participants. On 23rd April 2019, the Prize declaration and distribution ceremony took place in the gracious presence of Dr. Shashikant Dikshit, Manager of AMPGC, Prof. Rachana Dubey, Principal AMPGC and the Jury members: Dr. Bina Singh (Head, Dept. of English, VKM), Dr. Sangeeta Jain(Head, Dept. of English, DAV PG College) and Dr. Bindu Singh(Asst. Prof., MMV BHU).



ONE DAY LECTURE ON VAISHVIK PATAL PAR STREE

On the occasion of International women's Day, the Department of Hindi organized a lecture on "Vashvik Patal Par Stree" on 08/03/2019. Main speaker was Prof. Shraddha Singh, Department of Hindi, BHU who talked on the social and political background of women. Second speaker was Dr. Vandana Jha, Department of Hindi, VKM, Varanasi. They spoke on different aspects of women depicted in literature with detailed description. In this connection they talked about the contribution of Annie Besant, Bhagini Nivedita, Maa Sharda and Kamla Nehru. Dr. Brijbala Singh, Head, Department of Hindi, AMPGC expressed her view on the meaning of women concern in the context of modernity. Dr. Veena Suman was the Convener of the lecture. All the teachers and students were present in the lecture.



EDUCATIONAL VISIT

The Department of Hindi along with eighty-five (85) students visited **Lamhi Village** to explore more about Munshi Premchand on 08/08/2018.



EDUCATIONAL VISIT TO ANAND BHAVAN

The students of the department of Hindi visited Anand Bhavan, Allahabad.



INTERNATIONAL SEMINAR ON
“RAMCHARITMANAS MEIN NIHIT MANAV MULYA
ANTARASTRIYA PARIDRISHYA”

The Department of Hindi organized an International Seminar with two technical sessions in the Conference Hall on the topic “**Ramcharitmanas Mein Nihit Manav Mulay Antarastriya Paridrishya**” on 21/01/2019. The Main Speaker was Shri Rajendra Arun from Mauritius, The distinguished speaker was Dr. Vinod Bala Arun from Mauritius & Dr. Dharemendra Kumar Singh the President. Dr. Shashikant Dixit, Manager, AMPGC, Prof. Rachana Dubey, Principal, AMPGC & all the teachers of the Department expressed their views on the relevant subject. The organizing secretary was Dr. Brijbala Singh. Research scholars of the department also participated in the same. Seventy five (75) students participated in this International seminar.

अन्तरराष्ट्रीय संगोष्ठी
रामचरितमानस में निहित मानव-मूल्य :
अन्तरराष्ट्रीय परिदृश्य
21 जनवरी, 2019

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21 जनवरी, 2019

आयोजन स्थल :
महाविद्यालय सभागार

संरक्षक
डॉ० शशिकान्त दीक्षित प्रबन्धक प्रो० रचना दूबे प्राचार्या

आयं महिला पी.जी. कॉलेज
वाराणसी

संयोजक
डॉ. वृजबाला सिंह डॉ. वन्दना चौधरी संयोजक सचिव
vsingh2010@yahoo.com mvandana@gmail.com seshikant@rediffmail.com
फोन: 9432566218 फोन: 9932773542 फोन: 9935211008

संयोजन समिति
डॉ. वीना सुमन
डॉ. मीनाक्षी मिश्रा
डॉ. सरिता मिश्रा
डॉ. सुमन तिवारी
डॉ. अनुपम गुप्ता

आयोजक
डॉ. वृजबाला सिंह
हिन्दी विभाग
आयं महिला पी.जी. कॉलेज, वाराणसी
नेक द्वारा 'ए' श्रेणी प्राप्त
(कारणी हिन्दू विश्वविद्यालय से सम्बद्ध)

Phone : 0542-2411893 E-mail : ampgc.vns@gmail.com
Fax : 0542-2401287 Website : ampgc.ac.in



NATIONAL SEMINAR ON SAHITYA KI AVSHYAKTA


The Department of Hindi organized a one-day National seminar with two technical sessions on the topic “Sahitya ki Avshyakta” on 1st March 2019. Speaker for the first session was Prof. Anurag Kumar, Head, Department of Hindi, MGKVP, Varanasi, who addressed the students with the words that “Literature exists where there is non-existence of others”. The second speaker was Dr. Vipin Kumar, Department of Hindi, BHU who stated that “Wherever we live, there is Literature”. The presidential address was delivered by Dr. Bindu Lahiri, department of Bengali, AMPGC who emphasized that “we are able to see our Past, Present and Future only through Literature”. During the second session of the Seminar. Dr. Satyapal Sharma, Department of Hindi, BHU talked on “Importance of Literature with reference to Future & Employment”. He also put up the question related to value of old aged persons with the special reference to the story “Chief ki Dawat”. He centralized the discussion with the branches related to Literature like Publishing, Translation, Journalism & Gazette Office Administration. Main speaker was Dr. Anand Pandey, National Defence Academy, Pune who emphasized on “Necessity of Literature for the preservation of human relationship”. Vote of thanks was given by Dr. Brijbala Singh, Co-coordinator Secretary. Dr. Veena Suman, Dr. Vandana Chaubey, Dr. Meenakshi Mishra, Dr. Sarita Misrha, Dr. Anupam Gupta, Dr. Suman Tiwari along with the large number of students attended the seminar.

॥ श्री जगन्नाथे नमः ॥
 आर्यो वा उद्गमस्य, तस्यो वा ज्योतिर्गम्य ।
 (श्री आर्य महिला विश्वविद्यालय महापरिषद् द्वारा संयोजित और संचालित)

आर्य महिला पी०जी० कॉलेज, वाराणसी
 (काशी हिन्दू विश्वविद्यालय से सम्बद्ध)
 NAAC ग्रेड 'A' प्राण
 "College with potential for excellence" by UGC
 चैतन्य, वाराणसी

विषय : साहित्य की आवश्यकता

प्रथम सत्र - साहित्य की आवश्यकता : जीवन का प्राण तत्व
 दिनांक : 01.03.2019, शुक्रवार, पूर्वाह्न 11.00 - 12.30 बजे तक

अध्यक्षता	डॉ० बिन्दु लाहिरी (ए०एच०पी०जी०, कॉलेज, वाराणसी)	
बक्ता	डॉ० अनुराग कुमार (महात्मा गांधी काशी विद्यापीठ, वाराणसी)	
संचालन	डॉ० आनन्द कुमार (जोधार्सी, ए०एच०पी०जी०, कॉलेज, वाराणसी)	
धन्यवाद ज्ञापन	डॉ० सुचिता त्रिपाठी (ए०एच०पी०जी०, कॉलेज, वाराणसी)	

द्वितीय सत्र - साहित्य की आवश्यकता : भविष्य एवं रोजगार के परिप्रेक्ष्य में
 दिनांक 01.03.2019, शुक्रवार, अपराह्न 1.00-3.00 बजे तक

अध्यक्षता	डॉ० चन्द्रकांता राय (ए०एच०पी०जी०, कॉलेज, वाराणसी)	
बक्ता	डॉ० सत्यपाल शर्मा (काशी हिन्दू विश्वविद्यालय, वाराणसी)	
संचालन	डॉ० आनन्द पाण्डेय (जेजुरल डिपेंस एकेडमी, पुणे)	
धन्यवाद ज्ञापन	डॉ० वृजबाला सिंह (ए०एच०पी०जी०, कॉलेज, वाराणसी)	
संघोर्षक	रश्मि विभाद (जोधार्सी, ए०एच०पी०जी०, कॉलेज, वाराणसी)	
सह-संयोजक	डॉ० नीना सुमन	
	डॉ० वृजबाला सिंह	

स्थान : कॉलेज ऑडिटोरियम
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VIMARSH ON "ANGREZI KA ALOKIK SAMRAJYA"

The Department of Hindi organized an Academic Discourse under the aegis of Vimarsh on the theme “Angrezi ka Alokik Samrajya” on 17/03/2019. The distinguished Speaker was Abhay Dubey, Prof.& Director, National Language Programme, CSDS, New Delhi, who talked on Metaphysical Empire of English Language & deeply described the history of language before the Nineteenth Century. The trio Macaulay, Bentinck & Trevelyan decentralized all the languages of India including Sanskrit, Persian & Arabic as these languages provoked the process of Gnosis. They refused these languages & declared that these are useless & below the Mark. The trio controlled the colonial state & declared that the production of new, useful & Modern Knowledge was necessary for the Indians .English was the only capable Language in this context. So all the decided economy of Education Budget would Spend on this Superior & Classical Language. The language they were imposing on the Indians, just before 8 decades ago it was the language of illiterate & rural public of Britain. Even the King & the Courtiers did not like to speak English. In the

mid of the Eighteenth century there was a campaign in England, on the large scale, to Standardize English language & its responsibility was on the shoulder of Linguistic like Thomas Sheridan, Samuel Johnson, Adam Smith, Hew Blair & Lord Monboddoo. In the process of Standardization, it did not give birth only to Dictionary, Grammar, Pronunciation & Etymology but also formed the new thinking with the weapons of colonialism. The aim of this new thinking was to establish the Metaphysical Empire of English Language. The organizing Committee received on overwhelmed responses from the students.

VIMARSH LECTURE ON **SAMKALEEN SAHITYA KI AVDHARANA, VAAD EVAM** **VIMARSH**

The department of Hindi organized one day lecture on Vimarsh Forum on relevant topic ‘Samkaleen Sahitya Ki Avdharana, Vaad evam Vimarsh’ on 05/10/2018. Prof. Ram Kirti Shukla was the main speaker. Seventy five (75) students were benefited from this lecture.



HINDI KAVI SAMMELAN

On the occasion of Hindi Diwas, the department of Hindi organised a one-day Poetry recitation Seminar (Kavi Sammelan) “NAVANKUR”. Two-hundred participants attended this Programme.



Mirzapur is one of the districts of Uttar Pradesh where History rules. A district which has History in all its vigour and colour, a place where history breathes its magic all over. The main attractions of Mirzapur are its several Ghats and historical structure that date to the British era in India while signs of civilization date to 5000 BCE. Mirzapur was actually established by the British East India Company in 1735.

There are ample evidences in the forms of painted rocks and other artefacts that show the existence of Paleolithic Age in the river valley region. Some interesting petroglyphs found in the sand stones of the Vindhya Range date back to 17000 BCE.

The students had an opportunity to visit this place in the course of Educational Trip. The team started trip at 7 a.m. on 24th February 2019 along with the History department Professors.

The first place we visited was AHRAURA, Mirzapur. There was a moment of joy as the students were attracted by the natural beauty of the place. Ahraura is

famous for Bhandari Devi Temple and Ashokan Inscriptions. Bhandari Devi temple is located 4 K.M. away north of Ahraura. This temple was to be preserved by the landlord Shri Shrinivas Pandey and now it has been maintained by their ancestors. Bhandari Devi was the sister of King Karampal Singh.

Due to her Food Charity programmes for the needy ones, she got the name Bhandari Devi. Besides this temple there is a stone carving of King Ashoka which is preserved by the Archaeological survey.

Inscriptions of Ashoka period has been recovered from the temple premises. The Great Mauryan emperor Ashoka also worshipped the Goddess Bhandari Devi. His view pertaining to this place is inscribed on a stone piece in Pali language. There are figures of Birds and Horses in between the inscription. It was mentioned in the inscription that in the Northern side of the summit there is a huge Red Stone inscription is in the BRAHMI SCRIPT and refers the message of "SERVICE TO THE HUMANITY BY BUDDHA". It was an amazing experience for the visitors to know about the interesting facts about the past. The next place which was visited by the team was LAKHANIYA DARI. The students were mesmerized by the panoramic view of this place. It is nothing less than the heaven because of beauty of waterfall. After wondering a lot by crossing huge rocks, waterfalls and jungles, everyone had lunch. There were small eatery outlets from which the students enjoyed food. The students observed an incredible Rock Art painting there. Since it was on top of the hills, it was difficult to reach there. Therefore one of the Professors somehow reached there and told about the significance of that painting.

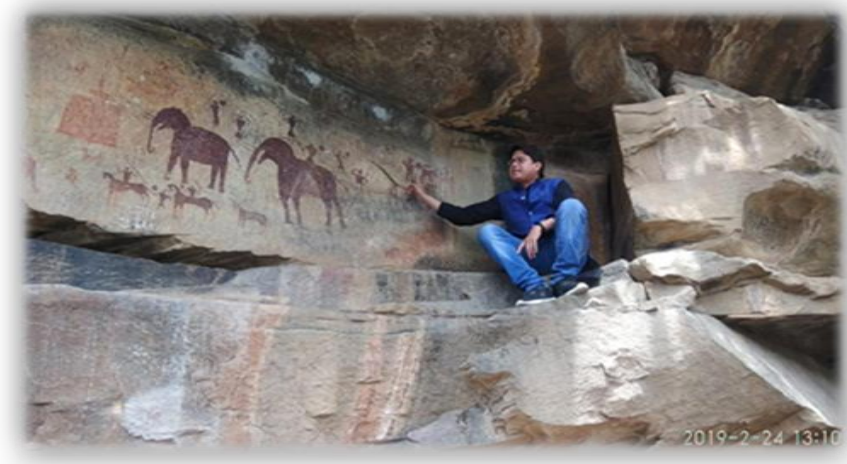
The paintings on the rock were divided into five different sets depending upon their colour and execution styles. The first frame was painted in Geru colour, the second one was printed in the lighter Geru colour while the third pannel was not painted in Geru colour which was difficult to get identified properly but surely it was Pheric-Oxide derivatives and this panel was mostly outlined and urged with Pre-Educative figure and the rest were also in Geru colour

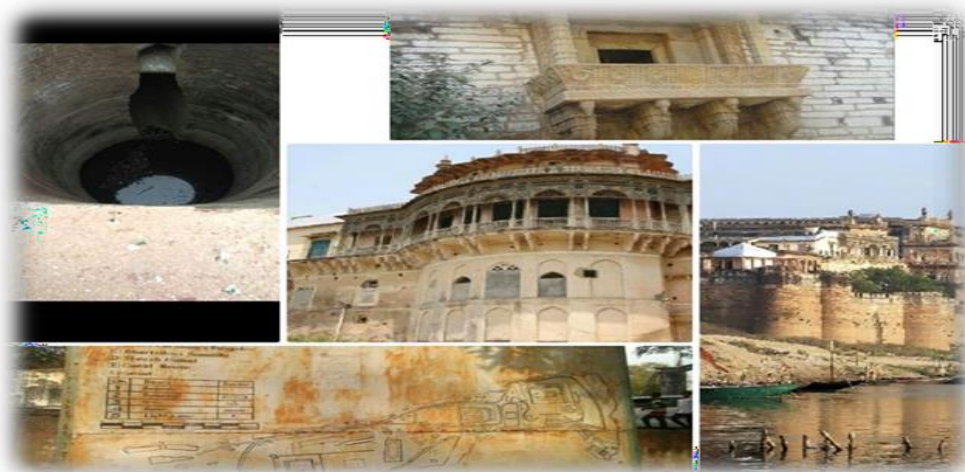
determining the same. The total number of figure at the Rock Art painting was about 50 which were of Chariot riding, Kings, Soldiers, Elephants, Dogs and many more. This pleasant experience enhanced the visitors' knowledge and made the trip more beautiful.

The last Phase of tour was of Chunar Fort which was full of adventure and interesting things. There were so many Guides also but the Professors already knew the things efficiently about the Historical importance of that place and they narrated the same to the students. Chunar Fort

is located on the banks of Sacred River Ganga. It looks so stunning from near and far. It has a History that goes back to the Pre-Mughal Period and it was ruled by Raja Vikramaditya.

During the visit to Chunar Fort, the visitors observed Sonwa Mandap which had 28 pillars which was built according to Hindu style architecture. Bhartinath's samadhi is located at the back of this Monument, Nainagrah, and Well of love under Jails. The location of this fort was simply awesome, however the area kept for public viewing was so small. Unfortunately, the visitors couldn't get the complete view as most of the area was under the control of Police which was not accessible to the visitors.





INTERNATIONAL CONFERENCE ON DIASPORA AND ITS ROOTS

An International conference on Diaspora and its roots was organised by the department of History on January 21, 2019 at Arya Mahila P.G. College in connection with the Pravasi Bhartiya Diwas. The Chief guest of the programme was Dr. Vishnu Bisram, Executive Director, center for Diaspora studies, New York. He highlighted the importance of roots and Homeland and said that by making cooperation the person of Indian origin can do a lot of help in accelerating the pace of development.

Hemraj Ramdath of Canada stressed the need for strengthening the relations between the Indians and PIOs/NRIs. Prof. Chandrashekhar Bhatt, founder, First Diaspora center in India threw light on the history of Indian Diaspora, While Dr. Dinesh Pratap Singh of Chile said that Indian Diaspora have been interests in following the Indian Culture, Dr. Rajeev Ranjan Rai of International Hindi University, Wardha and Dr. Munna Lal Gupta threw light on poetry, life-styles and other cultural aspects of PIOs.

The function was also addressed by Prof. Ghan Shyam and Prof. Binda Paranjape of Banaras Hindu University and appealed to the students to do more researches in this direction. The function was also addressed by Dr. Vinod Kumar Choudhary of DAV PG College. The Programme convener was Dr.

Anita Singh of Department of History. She also conducted the proceedings. Dr. Naresh Singh introduced the subject while vote of thanks was proposed by Dr. Sweta of History Department.

During colonial times over a million people migrated from North India as indentured labourers to various plantation colonies around the world to work mainly in the sugar plantations. The end of colonial rule did not stop migration from this region. After independence, many highly-educated skilled people migrated to developed countries.

From the 1970s, hundreds of thousands of contract workers migrated to Gulf countries as unskilled and semi-skilled labourers in search of better livelihood. And finally, the most recent migration of knowledge workers to developed countries such as USA, UK, and Australia also includes substantial number of people from this region.

Nation building primarily gained momentum after the formation of nation-states across the world due to the phenomenon of nationalism and colonialism. It is an ongoing process albeit with the changing nature and characteristics of the construction and reproduction of national identity. While nation state building was intense in the aftermath of the Second World War, the engagement of Diaspora communities with their homelands was limited to the state apparatus as the nation state was defined as a sovereign, self-contained and well-defined territorial political entity .In spite of these restraints, aligning with their homelands was necessary to enhance their position as well as to strengthen their national identities in light of nationalizing host nation states on the basis of shared identity and common history of its people. Moreover, in view of the assimilation model being favoured by the newly emerged nation states for modernization and fostering a national consciousness, culture and identity, Diaspora communities willingly negotiated, adapted to and appropriated the cultural elements of host nation states by retaining their cultural moorings.

Though having been perceived as ‘the other’ in the host nation states, they actively contributed to the process of nation building through viable opportunities, finally becoming a part and parcel of the national fabric. Simultaneously, they played a limited role in the process of nation building of their homelands considering the mechanisms and limitations of nation state settings during the post-colonial era. Apart from restricted socio-economic and cultural processes, they were involved in civil wars, secessionist and sub-national movements due to failure of forging national unity among the diverse ethnic groups in the post-colonial states. Notwithstanding the restraints posed by the nation-state structures, Diaspora communities have been one of the stakeholders of nation building in their respective homelands as well as host lands, given their inherent nature of dual loyalty and a sense for belonging before the advent of contemporary globalization.

In contrast, in the current global scenario, the power dynamics of nation states have been diminished by the currents of contemporary globalization aided by the cutting-edge transport, Information and communication technological innovations, leading to porous borders, rapid economic and cultural integration, and a growing inter-connectedness among nation states. There is a rise of vertical and horizontal ties of migrants or Diasporas; therefore, they live across international borders in transnational social fields. The reproduction of ‘national identity’ in the host nation states by the Diaspora communities is possible given the fact of intense ongoing

Interactions between ‘global’ and ‘local’. Diaspora capital, which includes investments, economic and social remittances, is on the rise for the projects of nation building. However, nation states have managed to remain relevant by controlling the processes of Immigration and emigration, and by establishing transnational ties with its subjects. Though the world has entered into a ‘transnational moment’ and is on the threshold of ‘cosmopolitanism’, it has not yet embraced a post-national condition.

Today, there is an increase in the identification with one's own nation state and co-ethnics, in addition to promotion of long-distance nationalism or diaspora-nationalism towards homelands due to the politics of discrimination and exclusion, demand for social justice by the marginalized, xenophobia and racialization of society as a result of multiculturalism in various nation states.

Diasporization practices like lobbying and mobilization of funds for various causes have increased manifold, thus the deepening transnationalism of Diaspora communities is the reality of the globalized world today. Further, proactive Diaspora engagement measures by nation states such as the extension of citizenship and other positive measures to leverage upon its Diaspora Communities has enhanced the role of these communities in the process of nation building more than ever before.

The conference addresses the following research questions:

- 1) What is the role of Diaspora communities in the process of nation building then and now?
- 2) Why do the Diaspora communities engage in the process of nation building?

For Video Clip:

https://www.youtube.com/watch?v=A9_0GMG_8aw





VIMARSH FORUM
ARCHAEOLOGY AND 21ST CENTURY: NATIONAL, SOCIAL AND ECONOMIC IMPLICATIONS

The department of History, under the aegis of Vimarsh forum organized a lecture on “Archaeology and 21st century : National Social and economic

Implications” on 16/03/2019. The Keynote speaker was Prof. Prakash Sinha, University of Allahabad, Allahabad who talked on the developing process of human civilization, which started from stone age and presently at the level of Biochip and human cloning. The organizing secretary of this programme was Dr. Naresh , Department of History. Prof. Rachana Dubey , Principal, AMPGC gave the presidential remark.



NATIONAL SEMINAR ON RAGA THEORY IN INDIAN CLASSICAL MUSIC

On 11th March 2019, the department of Vocal and Instrumental Music jointly organized a one day National Seminar on “Raga Theory in Indian Classical Music”. On this occasion, Smt. Sucheta Vasudev from Karnataka, a renowned singer of Agra-Gwalior Gharana, presented a lecture-cum-demonstration on the topic “Raag Ras Barase” and enlightened the students. As the second speaker, Dr. Sanjay Verma, Assistant Professor, Department of Instrumental Music, Vasanta College for Women, Rajghat, showed a documentary on the life of “Ustad Allauddin Khan” and performed various ragas on Sitar. On this occasion, Smt. Prachi Bhandiwad and Smt. Shubhada Chakot, the two music lovers from Mumbai, donated a new Sitar instrument to the department. Seventy seven Students attended this Seminar.



भारतीय राग संगीत में नव रसों की भूमिका प्रमुख



वाराणसी (एसएनबी)। भारतीय राग संगीत में नव रसों की प्रमुख भूमिका है जिसका प्रकटीकरण राग स्वर ताल बंदिश के माध्यम से विभिन्न रूपों में होता है। यह बातें सोमवार को आर्य महिला पीजी कॉलेज में संगीत गान एवं वादन विभाग की ओर से आयोजित उत्तर भारतीय शास्त्रीय संगीत में राग सिद्धांत विषय एक दिवसीय राष्ट्रीय संगोष्ठी में हुबली कर्नाटक से आई मुख्य वक्ता सुचेता वासुदेव ने व्यक्त किए। उन्होंने राग यमन विभिन्न बंदिशों के माध्यम से सिंगार, भक्ति, करुण, रस का आस्वादन श्रोताओं को कराया। कार्यक्रम में अपने अपने व्याख्यान का समापन राग मधुवन्ती में किया। एक ताल 'मन नहीं लगे' और द्रुत तीन ताल 'घुंघट मत खोल' से किया। उसके साथ तबले पर पंडित कामेश्वर नाथ मिश्र हरमोनियम पर विककी ने संगत किया। वक्ता के रूप में डॉ. संजय वर्मा वसंता कॉलेज राजघाट संगीत विभाग ने मैहर घराना विषय पर विस्तृत प्रकाश डाला। तदनुसार सिंहा पर भैरवी को धुन बजा कर उत्प्रेरित श्रोताओं को मंत्र मुग्ध कर दिया। कार्यक्रम का शुभारंभ दीप प्रज्वलन मंगलाचरण व कुलगीत से हुआ अर्थात्को का स्वागत प्राचार्य प्रो. रचना दुबे एवं धन्यवाद डॉ. अनामिका दीक्षित ने दिया। कार्यक्रम का संचालन छात्रा दिव्य ने किया। इस अवसर पर डॉ. ममता सान्वाल, डॉ. गीता सिंह, डॉ. रवि मिश्रा डॉ. चंद्रकांता राय डॉ. झुपूर सेनगुप्ता जब राय उपस्थित रहीं।

भारतीय संगीत में नवरसों की प्रमुख भूमिका

वाराणसी | वरिष्ठ संवाददाता

शास्त्रीय गायिका सुचेता वासुदेव ने कहा कि भारतीय संगीत में नव रसों की प्रमुख भूमिका है। नव रसों का प्रकटीकरण राग, स्वर, ताल, बंदिश के माध्यम से होता है। हुबली की सुचेता वासुदेव सोमवार को आर्य महिला पीजी कॉलेज में 'उत्तर भारतीय शास्त्रीय संगीत में राग सिद्धांत' विषय पर आयोजित संगोष्ठी को सम्बोधित कर रहीं थीं।

उन्होंने राग यमन में विभिन्न बंदिशों

के माध्यम से शृंगार, भक्ति और करुण रस का श्रोताओं को आस्वादन कराया। उन्होंने व्याख्यान का समापन राग मधुवन्ती में निबद्ध बंदिशों- 'मन नहीं लगे' और द्रुत तीन ताल - 'घुंघट मत खोल' से किया। तबले पर संगत पंडित कामेश्वरनाथ मिश्र और हारमोनियम पर विककी ने किया। डा. संजय वर्मा ने मैहर घराने की विस्तार से जानकारी दी। स्वागत प्राचार्य प्रो. रचना दुबे और धन्यवाद डॉ. अनामिका दीक्षित ने किया।

VIMARSH LECTURE

ON

CONTRIBUTION OF PERFORMING ARTS AND MUSIC IN NATIONAL INTERAGATION

A Lecture series was arranged under Vimarsha lecture series entitled "Role of music and Performing Arts in National Integration" on 31/10/2018. Dr. Sangeeta Ghosh (Assistant Professor, Head of Department, Faculty of Music and Performing Arts) was invited. She presented the topic in a very easy and comprehensive manner. Her viewpoint clearly depicted to get connected to a nation, the music of that particular nation must have reflection of culture.

Even the literature novels and poems written about the nation connected with culture evokes a sense of nationalism and pride but music with its tune and

rhythm makes this feeling more strong and evident. Music has pivotal role in national unification. Vandemataram of Pt. Omkarnath Thakur and Rag Ahir Bhairav of Pt. Jasrajji has aroused the sense of nationalism and national pride in all sections of society specially in aristocratic class. Music arouses the feeling of patriotism in one's heart.

She presented the lecture in a very simplified manner using simple techniques and relevant examples justifying the topic mentioned like-

- Mile sur tera hamara
- Ek chidiya, anek chidiya
- Hind desh ke niwasi sabhi jan ek hain

These topics are famous in Doordarshan and they were used by the speaker to explain the National unification. She further explained that to get connected with nation it is important to have reflection of culture in music of that country.

Folk song has also played a pivotal role to evoke national consciousness. Hindi poet Shreedhar Pathak has written the song Jay Jay pyara desh in the year 1917.

This song was the march song for Indian scouts. This song inspired the youth and brimmed their hearts with feeling of patriotism and nationalism.

Apart from the region specific music western music has made its position in India. Indian classical music is becoming famous in western countries. In this way music works as a connecting link between humans. It also helps in connecting each other's emotions and

sentiments. Music is the medium to express the inner feelings. Expression of one's feelings helps in overall expression of all the dimensions of human life.

This complete expression of feelings helps to express the integrity of man, integrity in his own character and nation's integrity.



EDUCATIONAL TOUR TO
BHAGWAN PARSHWANATH BIRTH PLACE, DIGAMBAR JAIN
TEERTH CHHETRA EVAM SHWETAMBER JAIN TEERTH
CHHETRA BHELUPUR, VARANASI

On 31st March 2019 an educational tour of the department of Philosophy AMPGC was conducted. BA 3rd year students and M A students visited Shri 1008 Bhagwan Parshwanath birth place, Digambar Jain Teerth Chhetra evam Shwetamber Jain Teerth Chhetra Bhelupur, Varanasi. It was not just sightseeing but students were able to understand the significance of the place.



LECTURE UNDER VIMARSHON PEACE, CULTURE AND AHIMSA

The seminar was organized by Dr. Anamika Singh under the aegis of Vimarsha (A Platform for Creation and Transfer of Knowledge. The first speaker Prof. Avinash Srivastava, Nalanda College, Patna talked on Peace, Culture and Ahimsa with special reference to Gandhi and Buddha)

The second speaker Dr. Archana Tiwari, Vasant College for women, Rajghat, Varanasi spoke on the topic- Human Value. All faculty members of the department actively participated in the programme.



गांधी व बुद्ध के संदेश आज भी प्रासंगिक

वाराणसी (एसएनबी)। आर्य महिला पीजी कॉलेज में विमर्श : ए फोरम फार क्रियेशन एण्ड ट्रांसफर आफ नालेज एक दिवसीय राष्ट्रीय कार्यक्रम का आयोजन किया गया। कार्यक्रम के मुख्य वक्ता प्रो. अविनाश श्रीवास्तव, अध्यक्ष, दर्शन शास्त्र विभाग, नालंदा कॉलेज ने 'शांति और अहिंसा की संस्कृति बुद्ध एवं गांधी के परिप्रेक्ष्य में' विषय पर व्याख्यान देते हुए कहा कि जहां तक भारतीय परिवेश में शांति की परिकल्पना और प्रयोग का संदर्भ है तो यह उतनी ही प्राचीन है जितनी की मानव सभ्यता क्योंकि शांति का सैद्धांतिक मूल अर्थ 'सामंजस्य युक्त सामाजिक परस्पर सहयोगात्मक जीवन पद्धति है। बुद्ध हो या



गांधी दोनों ने मनसा वाचा कर्मणा, हिंसा के अभाव या अहिंसा की स्थिति को शांति की संज्ञा दी है। द्वितीय वक्ता के रूप में डॉ. अर्चना तिवारी ने दर्शन शास्त्र विभाग, वसंता कॉलेज राजघाट ने मानवीय मूल्य पर व्याख्यान देते हुए कहा कि मूल्य बड़ा ही व्यापक शब्द है। मूल्य वह है जो जीवन के लिए शुभ है जीवन मूल्यों से ही मूल्यवान बनता है। मूल्य चाहे व्यवहारिक हों चाहे

सामाजिक हो या धार्मिक इसका उपयोग एवं व्यवहार में प्रयोग ही जीवन के चरम लक्ष्य को प्राप्त कराती है। कार्यक्रम का शुभारम्भ दीप प्रज्ज्वलन से हुआ। इस कार्यक्रम में नैक की कोऑर्डिनेटर डॉ. भावना त्रिवेदी ने महाविद्यालय द्वारा संचालित विर्मा नामक फोरम की गतिविधियों पर प्रकाश डाला। स्वागत वचन प्राचार्या प्रो. रचना दूबे तथा धन्यवाद ज्ञापन डॉ. ममता गुप्ता द्वारा किया गया। कार्यक्रम का संयोजन व संचालन डॉ. अनामिका सिंह द्वारा किया गया। कार्यक्रम में प्रबन्धक डॉ. शशिकांत दीक्षित, डॉ. असंग पाउ, डॉ. संध्या श्रीवास्तव, डॉ. सुचि तिवारी, डॉ. ऋचा मिश्रा एवं कंचन यादव सहित छात्राएँ उपस्थित थीं।

ONE DAY LECTURE ON IMPORTANCE OF YOGA

On 17th of November 2018 the department of philosophy organized a program on World Philosophy Day. Prof. Kripa Shanker Ojha Ex- Head, Department of Philosophy and Religion, B.H.U. was the resource person. He spoke on the Importance of Yoga. Yoga philosophy is one of the six major orthodox schools of Hinduism. The yoga school systematic studies help to better oneself physically, mentally and spiritually has influenced all other schools of Indian philosophy. The yoga sutra of patanjali is the key text of the yoga school of Hinduism. Yoga is not a religion, it is a way of living that aims towards a healthy mind in a healthy body. Man is a physical, mental and spiritual being, yoga helps promote a balance development of all the three. One hundred nine (109) students attended this lecture.



ONE DAY LECTURE ON **INTRODUCTION TO THE WESTERN PHILOSOPHY**

On 7th October 2018 a special lecture was organized by the department of Philosophy on 'Introduction to the Western Philosophy'. The speaker was Dr. Uma Pant, Associate Professor, ex-head of the department philosophy. She said that it is a philosophical thought and work of the western world. Historically the term refers to the philosophical thinking of western culture, beginning with the Greeks to up to date.



LECTURE ON LOGIC AND SYMBOLIC LOGIC

On 9th October 2018 a special lecture was organized by the department of Pphilosophy on Logic and Symbolic Logic. The speaker was Dr. Uma Pant, Associate Professor, ex-head of the department philosophy. Logic is the systematic study of the form of valid inference is one where there is a specific relation of logical support between the assumptions of the inference and its conclusion. Symbolic logic is a way to represent logical expressions by using symbols and variables in a place of natural languages, such as English in order to remove vagueness, logical expressions or statement that have a truth value: they are either true or false. Eighty Students attended this workshop.



INTER COLLEGE QUIZ ON INDIAN PHILOSOPHY

The department of Philosophy organized an inter-college quiz competition on 27th Feb. 2019 on the topic “Indian Philosophy”. The objective of this competition is to encourage students to look beyond their textual knowledge and establish a relationship between theory and application of the learnt concepts. The subject of the competition encompasses the whole school of Indian philosophy. The students enjoyed and learned from the competition.

The following institutes took part in the competition:

1. MMV, BHU.
2. VKM, Kamacha.
3. DAV, P.G. College.
4. VCR, Rajghat
5. AMPGC, Chetganj.

These are the result of the quiz competition.

1. MMV, BHU, First.
2. AMPGC, Chetganj, Second.
3. D.A.V. P.G. College, third.

The following professors were the experts on that day.

- Prof. S.P. Pandey Ex-Head Department of Philosophy and Religion, B.H.U.
- Prof. Vishnu Dutta Pandey Ex-Head Department of Philosophy M.G.K.V.P, Varanasi.



LECTURE ON COMMUNAL HARMONY

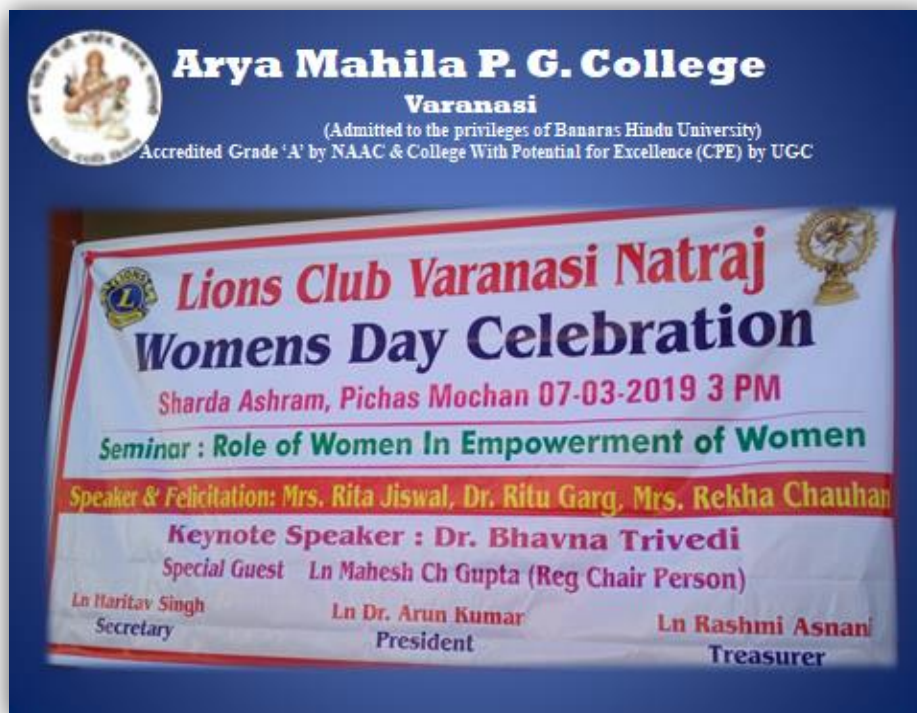
On 27th Feb. 2019 there was a special lecture on Communal Harmony under VIRASH forum. It is a great concept by which India has become a great country. It makes possible various type of the process and development of country if communal harmony is maintained in the country by everyone. Communal harmony as such is highly sensitive and cannot be soft pedalled any more in view of our traditional value cum cultural heritage and secular character of our state. The following speakers spoke on that day.

- Prof. S.P. Pandey Ex-Head Department of Philosophy and Religion, B.H.U.
- Prof. Vishnu Dutta Pandey Ex-Head Department of Philosophy M.G.K.V.P, Varanasi.



SEMINAR ON ROLE OF WOMEN IN EMPOWERMENT OF WOMEN

On 7th March 2019, the Department with Lions Club Varanasi had organized a seminar on Role of Women in Empowerment of Women at Sharda Ashram, Pichas Mochan, Varanasi. The keynote Speaker was Dr. Bhavana Trivedi. Sixty Students participated in this Programme.



AWARENESS PROGRAMME ON GREEN EARTH FOR TODAY AND TOMORROW

Department with Prakirti Foundation has organized Awareness Programme on 'Green Earth for Today and Tomorrow' on 09th March 2019 at Koirajpur, Haraua, Varanasi.

With the collaboration of Prakirti Foundation department of political science visited a village nearby Varanasi airport road for awareness programme. Department's students and teachers organized a dialogue with villagers to know the problems of local community and make them aware government's plan. In this session we approached the pradhan of the village too. Students of the department performed nukkad natak to make villagers aware for beti bacho and beti padho. We found there the problem of drinking water and suggested them to write to te government through their pradhan. One hundred students participated in this programme for environment.

**Arya Mahila P.G. College**
Varanasi
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**Prakirti Foundation**
Varanasi-221010 (U.P.) India
(A Visionary Foundation Serving Nature, Culture & Humanity)

Awareness Programe-Green Earth for Today & Tomorrow
09 March, 2019 Saturday
Venue : Koirajpur, Haraua, Varanasi



STUDENT ORIENTED SEMINAR ON TERRORISM: CHALLENGES AND SUGGESTIONS

On 23rd February 2019 Rotract club Arya Mahila P.G College and Political science department organized a student seminar on a very burning topic ‘Terrorism: Challenges and Suggestions’. The Programme was presided by Dr. Anil Kumar Gupta , President of Rotary club Varanasi central and the chief speaker was Mr. Nirmal Joshi (Rtn) and the chair was shared by by Ms. Anjali (President, R.C. AMPGC), Mariyam Shamin (vice Secretary, Rotract Club AMPGC) on the behalf of secretary Ms. Unnati Sahay. The programme was divided into two sessions. The first session was on ‘Terrorism in Global Perspective’. In this session various topic like Afganistan Crisis, Pakistan in Present scenario, Insurge in Syria, NATO: Counter Terrorism, UN : Peace keeping forces, Policy formula respectively.

The second session covered the topic ‘Terrorism in Indian perspective’. Two hundred and seventy (270) students participated in this student oriented seminar.

ARYA MAHILA P.G. COLLEGE VARANASI

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STUDENT SEMINAR (ROTARACT CLUB, DEPARTMENT OF POLITICAL SCIENCE)

ON TERRORISM: CHALLENGES & SUGGESTIONS

INAUGURAL: 10:30 AM, 23RD FEBRUARY, 2019
AT CONFERENCE HALL OF THE COLLEGE.

Key Note Speaker: Sir Nirmal Joshi

Presided Over by: Dr. Anil Gupta (President Rotary, Varanasi)

Dr. Bhavana Trivedi	Dr. Manju Rai	Dr. Vishwanath Mishra	Anjali & Neha Chaurasiya
Coordinator	HOD	Dr. Rajani Chaubey Dr. Kamini Gupta	Organizing Secretaries

TALK SHOW ON "HUMAN VALUES AND PROFESSIONAL ETHICS"

The department of Political Science, Rotary Club Central and Rotract Club Arya Mahila P.G College jointly organized one day Talk Show on 'Human Values and Professional Ethics' on 8th September 2018. Rotarian Nirmal Joshi was the main speaker of this event.





EDUCATIONAL VISIT

Four teachers and 175 Students of the department of Political Science visited a Corporate house of “Amar Ujala” in Varanasi on 25/8/2018. The purpose of the visit was to acquaint our students with the functioning of Corporate House. The students of the department learned the process of news making and news editing. They also discussed with the Bureau chief of the office .



STUDENT ORIENTED PROGRAMME
ON
YOUNG SKILL INDIA

The Department in collaboration with Young Skilled India has organized a talk on skill India. Keynote Speaker was Neeraj Shrivastava, CEO Young Skilled India Programme, Varanasi. Two hundred students were benefitted by this workshop.




RENEWABLE ENERGY AND ENVIRONMENT: THE GLOBAL CONTEXT & ROLE OF MANKIND

23/01/19 Prof. Hari M. Upadhyaya from Centre of Advance Materials, School of Engineering, South Bank University, London, UK as a key note speaker delivered lecture. He emphasized on environmental degradation through present pattern of energy consumption. In present model mankind are not re-contributing to enhance or restore energy resources in natural ways. He argued that renewable resources of energy is future of humanity. If we have to secure rest future for coming generation it is need of the time to reshape the pattern of energy consumption that is based on traditional sources. Being a scientist he explored the various dimensions of renewable energy.

In first technical session Dr. Bhavana Trivedi, Associate Prof., Department of Political Science as a keynote speaker stated that renewable energy is the main issue of political economy of present era. Government of India is providing assistance to consumer to re shift or redesign their energy consumptions. She has also thrown the light on global collaboration that have taken place in present decade to develop renewable energy resources. In this session Dr. Vishwanath Mishra, Associate Prof., Department of Political Science Expressed his view on renewable energy resource and its international politics.

In Validitory session Dr. Manju Rai , Associate Prof., Department of Political Science presented the report of the seminar, Prof . Rachana Dubey, Principal of the college delivered validitory address. Dr. Surendra Nayak offered vote of thanks.


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International Seminar
 (Under the aegis of IQAC)
 on
**Renewable Energy and Environment : The Global Context
 & Role of Mankind**

Keynote Speaker : Prof. Hari M. Upadhyay
 Head, Centre for Advanced Materials, School of Engineering, South Bank University, London, U.K.

Presided over by : Prof. Rachana Dubey, Principal

**Inaugural at 11.00 a.m., 23rd Jan. 2019, Wednesday,
 New Conference Hall AMPG College**

Dr. Manju Rai
Head
Organized by
Department of Political Science
Dr. Bhavana Trivedi
Dr. Vishwanath Mishra
(Organizing Secretaries)



INTERNATIONAL SYMPOSIUM ON PROTECTION OF ENVIRONMENT THROUGH SUSTAINABLE DEVELOPMENT AND RENEWABLE ENERGY

Dr. Jitendra Kumar Rai, Head Department of Physics, Kebbi State University , Nigeria in his keynote address stated that traditional energy resource is going to be exhausted in near future. This will be hazards for entire humanity; therefore we have to bound to change the pattern of our energy consumption pattern or to face the disasters condition. He also acknowledged the capacity of Indian

continent to produce solar energy in huge amount. Renewable energy resources are pollution free.

In first technical session Dr. Arun Srivastava , associate professor , DAV,PG College , Varanasi spoke on green energy and its limits, he emphasised that the renewable resources are seems to be expensive in initial phase but it will be cheaper in future. In this session Dr. Manju Rai , Head of the Department and Dr. Bhavana Trivedi Associate professor of the department presented their paper in this session. Velidatory session was conducted by Dr. Surendra Nayak , Veliditory address was delivered by Dr. Arun Srivastava , associate professor , DAV,PG College , Varanasi. Fifty Five (55) students participated in this symposium.

**International Symposium on Protection of Environment
Through Sustainable Development and Renewable Energy**

**Organized by
Department of Political Science**

**Arya Mahila P. G. College**
Chetganj, Varanasi
(Admitted to the privileges of Banaras Hindu University)
Accredited Grade 'A' by NAAC & College With Potential for Excellence (CPE) by UGC

**Speaker Dr. Jitendra Kumar Rai, Head, Department of Physics, Kebbi
State University of Science and Technology Nigeria.**

Date : 24-11-2018 Time 12:00 to 02:00 PM Venue. Seminar Hall

Dr. Vishwanath Mishra Convener	Dr. Bhavana Trivedi Convener, Vimarsh Forum	Dr. Manju Rai Head, Deptt. of Pol.Sc.	Prof. Rachana Dubey Principal
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INTERACTION WITH ORPHAN STUDENT



AWARENESS RALLY ON WORLD SUICIDE PREVENTION DAY

On the occasion of “World suicide prevention day”, 10 September 2018, the department of Psychology organized a prevention awareness rally to Chetganj, Beniya bagh and adjacent areas. Students carried various slogans and play cards to motivate the residents and passengers passing those areas. Main theme of the rally was to make people aware about intervention centres and to inculcate positive thoughts among people suffering from mental illness. One hundred and twenty students participated in this rally.



HEALTH CAMP ON DENTAL CHECKUP

The Free dental check-up was organized by the department of Psychology for creating awareness regarding tooth decay and how to maintain teeth healthy. The main aim of the camp was to check the level of tooth decay in students and provide them with suitable medicines for their welfare.

College students ,faculty members and non teaching staff were very satisfied as their dental problem were resolved by thorough check up by Varanasi reputed cosmetic and laser dental surgeon Dr. Sameer Bhardwaj (Bhardwaj dental clinic) and his team. One hundred 150 students participated in this Health camp.



EDUCATIONAL TOUR TO ANVITA REHABILITATION CENTRE

An Educational tour of the Psychology department was conducted to Anvita: Rehabilitation Center for Women, Chunar, Mirzapur.U.P on 2nd October 2018. Fifty students of the department went there to get familiar with the centre.



NATIONAL SEMINAR ON CYBER CRIME ETHICS AND AWARENESS

A National seminar was organized by the department of Psychology on 11th Oct. 2018 on the topic “Cyber Crime Ethics and Awareness”. Key speaker was Mr. Milind Agarwal, Cyber Crime Awareness Society, Jaipur Rajasthan.

The Seminar focused on making students aware about the networks and sources of the threats on websites, e-mails etc. It made students aware about how to make the internet safe and secure. Students got knowledge about e-mail hacking, SMS and call spoofing, credit card fraud, child pornography, phishing, remote key logging etc. and measures / preventive techniques. One hundred twenty-eight (128) students attended this lecture.

NATIONAL SEMINAR ON “MENSTRUATION AWARENESS AND MANAGEMENT IN THE CONTEMPORARY CONTEXT”

A National seminar was organized by the department of Psychology on 25th Feb. 2019 on the topic “Menstruation awareness and management in the contemporary context”. Key speaker was Mrs. Maya Singh, founder of happy periods, associated with Manya Welfare society, Delhi.

The seminar was quite useful and informative for the students. The myths were discussed and the facts were told related to periods, needed hygiene during menstruation, with special focus on diet with nutritive value and made aware about the fact due to deficiency in nutrients can cause disturbance in menstrual cycle. Benefits of yoga and recommended asana during period were discussed and demonstrated. 106 students attended this lecture.



NATIONAL WORKSHOP ON ADDICTION MANAGEMENT: SPECTRUM AND STRATEGIES

The department of Psychology organized a National workshop on Addiction Management: Spectrum and Strategies on 29th Oct. 2018. Main speaker of the workshop was Mrs. Salony Priya, Director, Umeed counselling and consulting services, Kolkata.

The Workshop was very interactive and participants learnt Youth & Adolescent Addiction Management-Spectrum and Strategies, Socio-Cultural aspects of addiction, its types, risk factor, impact of internet and gadget addiction in children, adolescent and youth and its prevention. Sixty-nine students participated in this workshop.



NATIONAL WORKSHOP ON SOCIAL SURFING 3.0

The department of Psychology organized a National workshop on “**Social Surfing 3.0**” on 28th Feb. 2019. It was conducted by Ms. Priyanka Londhe and Ms. Nandita Singh from ‘Center for Social Research’, New Delhi.

Participants learnt about online safety, counter speech, cyber etiquette on social media such as Facebook, Twitter etc. They also learnt about how social media can be used as a tool for bringing social change. One-hundred and twenty (120) students participated in this workshop.



A TEN-DAY NATIONAL WORKSHOP ON CHILD, ADOLESCENT AND ADULT PSYCHOLOGY: DILEMMAS, INTERVENTION & NEWER LEARNINGS

A Ten-day National Workshop titled “**Child, Adolescent and Adult Psychology: Dilemmas, Intervention & Newer Learnings**” was organized by the department of Psychology from 27th March to 05th April 2019. The workshop aimed at the myths and dilemmas of various life stages and management of their problems with the help of present techniques and newer learnings & accommodating contemporary approaches and learning for flourishing one’s life.

The workshop was conducted by eminent speakers from prestigious institutions of various states across India. Thirty-seven participants included faculty and non faculty members, research scholars and post graduation and graduation final year students from various cities of Uttar Pradesh & Jharkhand.

The participants learnt about various techniques to improve life style such as behavior management, ways of improving tacit knowledge, intervention plans for various disorders and problems faced by various age groups, time management, effective communication skills, drug de-addiction and meditation.





LECTURE ON COUNSELLING SKILLS

The lecture was organized for Masters Students of Psychology that was based on their curriculum. The whole lecture was focused on orientating students with core Counselling Skills. i.e. basic counselling skills, or practiced techniques, which included active listening, being aware of non-verbal communication, attending, empathy, probing or questioning, summarizing, Integrating communication skills. Apart from this, the students also learnt the basic skills with practical cases of daily life and school based cases. Twenty-nine (29) students participated in this lecture. Mr. Arpit Tripathi Counsellor, Sunbeam School, Lahartara Varanasi was the guest speaker for this event.



**LECTURE ON METHODS IN COGNITIVE PSYCHOLOGY:
WITH REFERENCE TO BEHAVIORAL EXPERIMENTAL
PARADIAGM.”**

The lecture on “Methods in Cognitive Psychology: In reference to behavioral Experimental Paradiagn.” was organized for M.A. students of Psychology department. The lecture was based on their curriculum and focused more on the research methods used in cognitive psychology. The lecture was based on interaction mode with practical knowledge of designing the experiments using various softwares used as a method in experimental behavioral approach. The session ended with Q&A with the resource person. Dr. Imran Khan Scientist-D, DRDO, New Delhi was the speaker of this lecture.



LECTURE ON HEALTH AND WELL BEING

One day Lecture was organized by the department of Psychology on 24th November 2018 on Health and Well being focused on role of behavioural and psycho –social factors in various diseases, changing health habits also various models and approaches to health behaviour change. Dr. Purnima Awasthi Saxena , Associate Professor ,Department of Psychology, BHU, VNS was the main speaker of this lecture. Twenty-nine (29) students of Post Graduation Psychology department attended this lecture.



LECTURE ON ANOVA

A One-day lecture was organized on 2nd March 2019. The lecture focused on ANOVA and determine whether or not differences exist in the marginal means for variables (main effects) as well as whether or not combinations of levels of variables produce unique effects. Dr. Tushar Singh Assistant Professor, Department of Psychology, BHU, VNS was the main speaker of this lecture.



LECTURE ON THE APPROACHES, ISSUES IN TEST CONSTRUCTIONS

A One-day lecture was organized on 9th March 2019 by the department of Psychology on topic “The approaches, issues in test constructions”. The lecture was organized for masters students based on their curriculum. The lecture dealt the approaches, issues in test constructions. Further, the lecture was focused on the application and various method used for test construction under item analytic approach to test construction. The session ended with hands on experience on writing items for research purpose. Dr. Girish Tiwari, BHU, project Fellow-I, Inter University Center for Teacher Education, Banaras Hindu University delivered his talk on the above topic. Thirty students (30) of Post-graduation attended this lecture.



ONE DAY LECTURE ON FACTOR ANALYSIS

A One-day lecture on ‘Factor Analysis’ was delivered by Dr. Urmila Rani Srivastava, Associate Professor, Department of Psychology, BHU, VNS on 16th March 2018. The lecture on Factor analysis was based on their curriculum. The lecture intended to make students understand the conceptual and methodological nuances in Factor analysis. The students learned the purpose, conditions, factor extraction, rotation and application of Factor Analysis in biology, psychometrics, personality theories, marketing, product management, operations research, and finance. The session ended with clarification of doubts raised during the lecture period. Thirty students (30) of M.A. Psychology attended this session.



LECTURE ON PSYCHOPHARMACOLOGICAL THERAPIES

A One-day lecture was organized on **Psychopharmacological Therapies** on 18th Apr. 2019. The theme was related to different types of Psychotropic drugs, their indications, how they act in our body, and their side effects. Dr. Jay Kumar Ranjan, Assistant Professor, Department of Psychology, BHU, VNS was the main speaker of this lecture.

POSTER COMPETITION ON SUICIDE PREVENTION AND STRATEGIES

The department of Psychology organized a one-day Poster competition on 11th September 2018 on “Suicide Prevention and Strategies”. One hundred (100) students participated in this competition. Professor Ashok Pratap Singh (Prof. Emeritus) Department of Psychology, BHU was the Chief guest of this event.



ESSAY COMPETITION ON YOUNG ADULTS & MENTAL HEALTH IN CHANGING WORLD

An Essay Competition was organized by the department of Psychology on the occasion of **Mental Health Day** on theme “**Young adults & Mental health in Changing World**”. Fifty two (52) students participated in this competition.

LECTURE AND INTERACTIVE SESSION ON GENDER SENSITIVITY IN YOUTH CHANGING PARADIGMS

The department of Psychology conducted a lecture and interactive session on ‘Gender Sensitivity in Youth changing paradigms: Breaking stereotypes’ by Mrs Salony Priya, Founder Director of Umeed Counsellings and Consultancy Services, Kolkata. She focused her talk on gender equality by breaking social stereotypes for females. She emphasised that society should focus on the sensitive issues related to females by giving them liberty, equality and empowerment by encouraging them for their own rights. Fifty (50) students including research scholars, teachers and Non-teaching staffs were enlightened by this informative session.



TWO DAY INDUCTION PROGRAMME NAMED “SANSKRIT PATHCHARYA”

A Two-day Induction programme named “Sanskrit Pathcharya” was organized by the department of Sanskrit. Fifty students participated in this Induction programme. Prof. Rajeev Ranjan Singh, Sampurna Nand Sanskrit Department, was the guest speaker of this induction programme.



A COMMUNITY DEVELOPMENT PROGRAMME

A community development programme was organized by the Sanskrit department on 14th May 2019 to **Bhagwan Awdhoot Ram Kushth Aashram**. Fifteen students (15) along with the faculties of the department visited the place.



ACADEMIC CO-CURRICULAR ACTIVITIES

One-day Academic co-curricular activities like **antyakshari**, **poetry recitation** etc. was organized by the department of Sanskrit on 29/03/2019. One hundred and fifty (150) students participated in these activities.



ONE DAY RESEARCH SCHOLAR SEMINAR

One day Research Scholar Seminar was organised by the department of Sanskrit on 01/04/2019. Seventy-five students participated in this seminar.



EDUCATIONAL TOUR TO JANANA PRAVAH



BLOOD DONATION CAMP

A blood donation camp was organized by the department of Sociology on 24th September, 2018. A team of 08 doctors and nurses of Shri Shiv Prasad Gupta Distt. Hospital, Varanasi, came for collection of blood. The event started with Mangla Charan and Kulgeet by the students of college. The activity of blood donation was started by the faculty members of Sociology department, college students, other faculty members of the college & students of the department of Sociology. There was an overwhelming response from the students and other donors. The total no. of 26 units were collected in the camp. Some of the donors who could not donate this time were assured for donation in the next camp. A Certificate of appreciation, donation card with refreshment was given to each donor as a token of gratitude.



SWACHHATA RALLY

A Jan Andolan for Swachhata to be observed in the run-up to the 4th anniversary of the Swachh Bharat Mission (SBM), i.e. from September 15th to October 2nd 2018.

All NGOs, schools, colleges, social, cultural and political leaders, corporate, government officials, collectors and sarpanches, are requested to participate in the 'Swachhata Hi Seva' and 'Shramdaan' activities during this period.

This year, the department of Sociology has also chosen the project of making students aware through morning assemblies and are encouraged to keep the classrooms and campus clean. In order to extend this awareness in surrounding areas, we decided to arrange a Swachhata rally in our neighboring area. In this direction we motivated our teachers, students, non-teaching staff and other members of the college. The students used pluck cards and banners to motivate the common people of society. The pluck cards had slogans in Hindi and English. One-hundred and fifty students participated in this rally along with the teachers.

- No to plastic, use cloth bag.
- Save water, save life.
- Life grows, where water flows.
- Let's go green to get our globe clean.
- Use public transport, stop pollution.
- Use paper on either side.
- Grow trees, save environment.
- Clean village – Healthy village
- Litter makes the planet bitter.
- Learn to recycle and use your bicycle.
- Now wastage is future shortage.



TWO DAYS ARTICLE DONATION CAMP

The department of Sociology in collaboration with National Service Scheme Unit-D organised a two-day article donation camp. During Diwali holidays, students were given the task of collecting unused articles from their surroundings. So they collected these unused articles and deposited it on the

first day of camp i.e 16th November. Our volunteers campaigned this task among the Faculties, Non-Teaching staffs and students of other departments. After the motivation by the volunteers, the college staff contributed their unused articles like clothes, purses, sweaters, jackets, bottles, accessories, books, stationary goods etc. After that all the collected objects were classified accordingly and well packed with cellophane papers.

On the second day of the camp i.e 17th November, early in the morning, around 8:00 clock, all the students and faculties of Sociology and Program Officer of NSS gathered in the college premises to move Karsadha Musahar Slum area by college bus, which is approximately 25 kms. away from college.

When the team reached the our designated place, Diwi Welfare Society and local people of musahar slum area welcomed it. Diwi Welfare Society is an NGO, especially working in different slum area of Varanasi. The team in association with Diwi, distributed the articles among them. During the program, our volunteers interacted with the gathering and danced with them. At last the members of Diwi socociety, Faculties and program officer of NSS UNIT-D, highlighted the importance of social welfare activities for the marginalised people of society.



TREE PLANTATION

A Tree Plantation programme was done by the department of Sociology on 30th March 2019 in Bodh Gaya Math, Baijnath, Varanasi. This plantation program was conducted in collaboration with National Service Scheme Unit-D, of Arya Mahila P. G. College. The purpose of tree plantation is to save the endangered environment and beautify our life. Trees are valuable gifts of nature. They are known as the best friends of human beings. They benefit us in various ways. The lives of men and other animals and insects are inconceivable without the existence of trees in the world. With this aim our Undergraduate and Post graduate students actively participated and understood the importance of planting trees. One hundred and twenty students (120) participated in this activity.



INTERNATIONAL SEMINAR ON ROLE OF NRIS IN THE DEVELOPMENT OF INDIA: THE CHANGING SCENARIO

The department of Sociology, Arya Mahila P. G. college under the aegis of IQAC organized an international seminar on 20th January 2019 with the title “Role of NRIs in the Development of India: The Changing Scenario”.

Organizing secretaries of the seminar were Dr. Madhumita Bhattacharya and Dr Swati S. Mishra and seminar was convened by Mrs. Kanchan and Dr. Meraj Hashmi. Dr. SumanTiwari and Dr. Nalini were joint secretaries. The seminar was Coordinated by the Principal Prof. Rachana Dubey. Dr. Shashikant Dixit, manager Arya Mahila P.G. College was in the role of patron of this seminar.

Keynote speaker of the seminar was Dr. Jagdish Gheek from Poland along with his wife Mrs. Bogumila Bober Gheek. Dr. Uttam Ojha was the Guest of Honour who made special address to the chief guest of the event. Along with the guest there were Dr. Sunil Mishra, Dr. Sanjay Chaurasiya (PMC Hospital) and Dr. Shardul Chaubey Assistant Registrar B.H.U.

This seminar had three technical Sessions. First technical session was under the research committee “Development Through Cultural Transformation” which was chaired by Dr. Saroj Rani Associate Professor, Dept. of AIHC and ARCH., AMPGC and co-chair was Dr. Nalini Lecturer, Dept. of Sociology AMPGC, second one was “Development Through Entrepreneurial Initiatives” chaired by Dr. Sunil Mishra, Convener Intellectual cell, co chair was with Dr. Suman Tiwari, Lecturer, Dept. of Sociology AMPGC and third one was “Development Through Hygiene and Environmental Health Module”, chaired by Dr. Bhawana Trivedi, Associate Professor, Dept. of Political Science, AMPGC, and co chaired by Dr. Priyanka, Assistant Professor, Dayalbagh Educational Institute, Agra.

In inaugural session welcome address was given by Dr. Bhawana Trivedi, formal introduction was presented by Dr, Swati S. Mishra. The subject was introduced by the Principal, Prof. Rachana Dubey, Presidential address was made by Dr. Shashikant Dixit, Manager of the College. Finally Vote of thanks was given by Mrs. Kanchan, Assistant Professor, Sociology, AMPGC.

This seminar was organized with the goal to orient the thoughts towards the role of NRIs (non resident Indians) who have their great contribution not only in the field of Indian economy but also in other different fields such as cultural

transformations, corporate structure, development of entrepreneurial infrastructure, health and so related discussions.

This seminar proved really fruitful as the key speaker through his speech shown his keen observation in the different fields of development. Being a Doctor by Profession he made a comparison between the medical facilities of Poland and India. He clearly said that what would be the best practices if efforts are taken by authorities. He also mentioned his life journey and through which he focused on the cultural aspects of Indian Society.

Under the three technical sessions mentioned above 64 research papers were presented by the teachers and the students. In the Research committee “Development through Cultural Transformation” discussions were oriented towards the role of NRIs in changing the culture and impacting cultural change. Music, Movies, Melas etc. had played important role in cultural exchange. It has not only strengthened the cultural bond but is the source of million dollar industry.

The second technical session “Development through Entrepreneurial Initiatives” discussions were based on the emerging entrepreneurial skills and its incorporation in Indian development. Now people especially young generations has a different mindset. They are not fully dependent on the traditional government job but coming out with new skills and ideas. NRIs had an important role in introducing these new skills and setting a benchmark.

The third technical session “Development through Hygiene and Environmental Health Module” had wider discussion on the health and hygiene and its importance in human life. Through different papers the thought came in light that India could have better medical facilities with the help of government policies on one hand and on another with the contribution of NRIs as resource generators. Environmental scenario can be far better if we utilize our resources in a planned way.

After technical sessions, valedictory session was arranged in which welcome address was given by Dr. Madhumita Bhattacharya, Associate Professor, Sociology, AMPGC. Honorable guest was introduced by Mrs. Kanchan, Keynote address was given by Dr. Sunil Mishra, special address was made by the guest of Honour Dr. Sanjay Chaurasiya, key address to the audience was by chief Guest Mrs. Bogumila Bober, Presidential Address by Dr. Shashikant Dixit, General Secretary, Arya Mahila Hitakarni Mahaparishad and Vote of thanks by the Principal Prof. Rachana Dubey. Finally according to the tradition of the college seminar got its completion with the National Anthem “Jana Gana Mana”.



LECTURE ON **ENTREPRENEURSHIP AND START-UPS WITH SPECIAL** **REFERENCE TO WOMEN**

Department of Sociology organized Interactive Session On ‘Entrepreneurship and start-ups with special reference to women’ “by Mr. Paritosh Tripathi, Manager, Atal Incubation Center B.H.U. In his interactive session, he had tried to explain that whom we called Entrepreneurs. “An entrepreneur is an individual that looks for business opportunities and creates ways to make those businesses become profitable. Entrepreneurs often invest without the major responsibilities

of running the companies as they focus more on earning money from them”. He had also motivated students to think about start ups. He also told about A TAL INCUBATION CENTER which is established by Banaras Hindu University. The Government of India has setup the Atal Innovation Mission (AIM) at NITI Aayog. The overarching purpose of this Mission is to promote a culture of innovation and entrepreneurship in India. The scheme is being implemented by NITI Aayog. One hundred and thirty (130) students participated in this lecture.



ONE-DAY LECTURE ON **IMPACT OF COMMUNICATION MEANS AND WOMEN** **EMPOWERMENT**

The department of Sociology organized a lecture of Dr. Tej Bahadur Singh, Associate Professor, PPN Kanpur, on “Impact of Communication means and Women Empowerment”. In his lecture he clearly focused on the status of India and said that though India is developing economically and technologically by leaps and bounds, women here still continue to be discriminated. With illegal female infanticide on the rise, the government needs to check the growing imbalance in the society. True empowerment will only be reached when women take part actively in the decision making process of our country. Empowerment of women could only be achieved if their economic and social status is

improved. This could be possible only by adopting definite social and economic policies with a view of total development of women and to make them realize that they have the potential to be strong human beings. Communication means are profoundly affecting social structures. In particular, communication technologies are creating opportunities for women, enabling them to participate in political, social, and economic processes at unprecedented scale. The role that communication can play in enabling gender equity, however, is constrained by access, low literacy, and limited communication technology usage by women. Undergraduate and Post-graduate students actively participated and benefited. All the faculty members were also present and listened to him carefully. One-hundred and fifteen students participated in this programme.



LECTURE ON **GENDER EMPOWERMENT AT WORK PLACE : SECURITY AND** **SAFETY**

The department of Sociology organised a lecture on “**GENDER EMPOWERMENT AT WORK PLACE (SECURITY AND SAFETY)**” by Prof. Shweta Prasad (Professor, Department of Sociology, F.S.S, B.H.U.). She first of all described the relevance of women empowerment in present society

and co-related this issue with the social process to empower the women in each and every aspect of society.

She, in her lecture also told the students about Saksham Report of U.G.C, Vishakha guidelines and concluded that Sexual harassment is covered in the workplace when it happens at work-related events or where people carry out work-related functions between people sharing the same workplace.

At last she gave the message that students should always respond against sexual harassment in the campus.

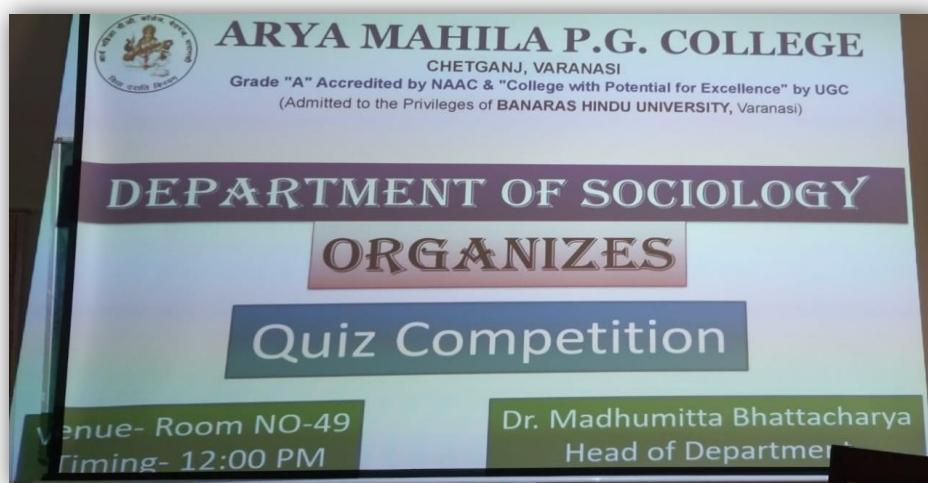


QUIZ COMPETITION

A Quiz Competition was organised by the department of Sociology on 11th April, 2019. This competition was held in between undergraduate and post graduate students of Sociology. The main purposes of this activity was to judge students at their respective knowledge level in field of General Knowledge and Sociology and prepares them for future career challenges.

Almost 120 students enrolled themselves and participated in this competition. Students participated with full enthusiasm and vigour and tried to perform their best.

After evaluation process, first, second, third and consolation prizes were given on 18th April, 2019 by esteemed guest Mr. Ravindra Sahay, famous motivational speaker of India.



INTERACTIVE SESSION ON HOW TO DESTRESS DURING EXAMINATION

The department of Sociology had organized an Interactive Session on “How to Destress during examination” on 18th April, 2019. The chief Speaker of this session was Mr. Ravindra Sahay, famous career counsellor and motivational speaker. In his lecture, he informed the students about many techniques, tools and method of success in examination and even in life too. Students motivated and benefited through positive interaction with him. He asked many questions to the students about their career, life, happiness, stress etc. Finally, this was an awesome feeling and students appreciated a lot. One hundred and forty (140) students were benefited by this interactive session.



LECTURE ON ENVIRONMENTAL ISSUES BE THE CHANGE

A One-day lecture on Environmental issues on the topic “Be the Change” was organized by the Department of Home Science on 30/08/2018. The lecture focused on to minimize the use of plastics and waste management. The speaker motivated the students for water conservation and Rain water harvesting. Prof P.K Mishra, Head, Department of Chemical Engineering, IIT, BHU was the main speaker of this event. One hundred and twenty-five (125) students were benefited by this lecture.



NATIONAL NUTRITION WEEK

National Nutrition week was celebrated by the department of Home Science. The theme for year 2018 was 'Optimal Infant & Young Child Feeding Practices: Better Child Health'. Various competitions like healthy breakfast, Theme based poster making, Slogan Writing were organized. Ninety (90) students actively participated in this event.



ORGANIC RAKHI PROMOTION PROGRAMME

The department of Home Science organized one day Organic Rakhi promotion programme to save environment. All these Rakhis were made from vegetable seeds, flowers and Biodegradable products. All faculty members with non teaching staff of the department and thirty (30) students participated in this programme. All these Rakhis were sold by the students. Rakhis were purchased from Gram Art Project, Hyderabad to promote use of Organic Rakhi. After use of these Rakhis they were sown in the field to promote green environment.



CARRY BAG MAKING WORKSHOP

A workshop on making Carry bag was organized by the department of Home Science from 16th July 2018 to 24th July 2018 to promote plastic free campus. Old Clothes were used for making these bags. These bags were distributed in the office and the department to minimize the use of plastic carry bags in the college campus. Thirty-five (35) students participated in this workshop.





LECTURE ON **THALASSEMIA DISEASE: PREVENTION AND CURE**

The department of Home Science and Health and Hygiene Unit jointly organized a lecture on “Thalassemia disease: Prevention and Cure” delivered by Miss Nikita Aajwani, Founder, let’s Help Some 1 (N.G.O.) on 06/09/2018. One hundred and thirty-one (131) girls were benefited by this lecture. Problem of Thalassemia was demonstrated to the girls through small video clipping. Students were made aware about identification and solution of the problem. Girls were promoted to donate blood for the Thalassemic people. All the faculty members of the department participated in this lecture.



शादी से पहले कराएं थैलेसीमिया की जांच

वाराणसी (एसएनबी)। आर्य महिला पीजी कॉलेज में आयोजित गृह विज्ञान विभाग की ओर से आयोजित किये जा रहे राष्ट्रीय पोषण सप्ताह के तहत थैलेसीमिया रोग : बचाव एवं उपचार पर आयोजित व्याख्यान में मुख्य वक्ता नीकता अजवानी ने कहा कि

इसके पूर्व प्राचार्या प्रो. रचना दूबे ने दीप प्रज्वलन के साथ सप्ताह का शुभारम्भ किया। अंत में एक वकीज प्रतियोगिता भी आयोजित की गयी। सप्ताह के तहत हुई हेल्दी ब्रेकफास्ट प्रतियोगिता कारायी गयी। प्रतियोगिता में 30 प्रतिभागियों ने भाग लिया।

में डॉ. बिन्दू लाहिड़ी एवं डॉ. झुमुर सेन गुप्ता रही। प्रथम पुरस्कार कम्मो एवं द्वितीय फरहीन को प्राप्त हुआ। स्लोगन लेखन प्रतियोगिता में 40 प्रतिभागियों ने भाग लिया। निर्णायक मण्डल में डॉ. स्वप्न बन्धोपाध्याय एवं नित्यानन्द खान रहे। प्रथम पुरस्कार अभिनिति पराशर एवं



आर्य महिला व्याख्यान में छात्राओं को दी लक्षण व बचाव की जानकारी

विवाह पूर्व महिला एवं पुरुष दोनों को थैलेसीमिया की जाँच जरूर करानी चाहिये। उन्होंने थैलेसीमिया रोग से सम्बन्धित विभिन्न जानकारी भी छात्राओं को दी जिसमें रोग के लक्षण एवं बचाव से उन्हें अवगत कराया।

निर्णायक मण्डल में डॉ. मंजू बनिक, डॉ. बृजबाला सिंह, डॉ. नमिता सिन्हा रही। प्रथम पुरस्कार शालिनी एवं द्वितीय पुरस्कार विदिशा को प्राप्त हुआ। पोस्टर प्रतियोगिता में 25 प्रतिभागियों ने भाग लिया। निर्णायक मण्डल

द्वितीय स्थान अहलू तुलंग को प्राप्त हुआ। अंत में विजेताओं एवं प्रतिभागियों को प्रमाण-पत्र वितरित किया गया। कार्यक्रम का आयोजन डॉ. मंजू मेहरोत्रा, डॉ. ऋचा मिश्रा, डॉ. दीपिका बरनवाल ने किया। कार्यक्रम में दिव्या बाजपेई, अनुराधा सविता, मीनू, रीतिका उपस्थित रही।

GENDER ISSUES, DISCRIMINATION AND SEX SELECTION MALPRACTICES IN INDIA

The department of Home Science and Tejaswini – A Cell for Women's Studies & Development jointly organized a lecture on 'Gender issues, discrimination and sex selection malpractices in India' by Miss Pragma, Indian Institute of public health, Delhi, dated 19/09/2018. One hundred and eighty-one (181) students participated in this lecture. Miss Pragma motivated girls to be aware about female foeticide. And there are some malpractices about food and sex selection practices. She also focused on Vegan Diet concept and healthy dietary practices.



LECTURE ON MENSTRUAL HYGIENE AMONG WOMEN

Department of Home Science and Tejaswini – A Cell for Women’s Studies & Development jointly organized a lecture on “Menstrual Hygiene among Women” and Sanitary Napkin Vending Machine was installed by the Rotary Club Elite Varanasi. Professor Sangita Kansal, Professor & Head Department of Community Medicine, Institute of Medical Sciences, BHU delivered her lecture on Menstrual Hygiene. Forty-nine (49) students participated in this programme. Rotary club installed one Sanitary Napkin Vending machine to promote healthy and safe menstrual practices and use of Biodegradable sanitary napkin.

Rotary Club Elite, Varanasi felicitated fifteen teachers on the occasion of ‘Teachers Day’ as Excellent Teachers Award on 14/09/2018. They were felicitated by Memento and a certificate from Rotary Club Varanasi.



WORKSHOP CUM ORIENTATION PROGRAMME

The department of Home Science and Tejaswini – A Cell for Women’s Studies & Development jointly organized a Workshop cum Orientation Programme on 01/10/2018 on the topic Disaster Risk Reduction First-Aid during Disaster like Fire, Flood, Drought and other natural and man-made disaster were practically demonstrated during this orientation cum workshop. Ninety-one students participated in this orientation programme.



INSTALLATION OF SANITARY NAPKIN VENDING MACHINES

Five sanitary napkin vending machines were given to college to create awareness regarding menstrual hygiene by various clubs like Lions Club which donated on 04/10/2018, Rotary Club Elite donated on 14/09/2018, Rotary Club Central on 08/10/2018, Rotary Club, Varanasi on 27/10/2018 has donated these vending machines for college girls. Main aim for donating these machines was to make these napkins accessible for the girls.



LECTURE ON WOMEN HELPLINE NO 1090

Department of Home Science and Women Cell “Tejaswini” jointly organised a lecture on Women Help line 1090 on 09/10/2018. The same day inauguration of college Gym was also done for the college students, faculties and staff. Self Defence classes also started on the same day to promote better health and mind. DSP Ankita Singh, CO Chetganj was the main speaker of this Programme.



छात्राओं ने ताइक्वांडो का सीखा दांव-पेच

आर्य महिला पीजी कालेज में जिम उद्घाटन के दौरान विशिष्टजन - जागरण

जास, वाराणसी : आर्य महिला पीजी कालेज में मंगलवार को छात्राओं की आत्मरक्षा के टिप्स दिए गए। इस क्रम में उन्हें ताइक्वांडो के दीवपेच सिखाए गए। वूमन पावर लाइन फंटी रोमियो दल सहित अन्य की जानकारी दी गई।

महिला प्रकोष्ठ 'तेजस्विनी' व स्पोर्ट्स कमेटी के संयुक्त तत्वावधान में आयोजित सेल्फ डिफेंस एवं फिटनेस जिम का उद्घाटन मुख्य अतिथि डीएसपी अंकिता सिंह, प्राचार्य प्रो. रचना दुबे, प्रबंधक डा. शशिकान्त दीक्षित ने किया। इस दौरान डीएसपी अंकिता सिंह ने छात्राओं को वूमन पावर लाइन 1090 के बारे में जानकारी दी। कहा कि इस नंबर पर शिकायत दर्ज करनी वाली महिलाओं, छात्राओं का नाम पूरी तरह गोपनीय रखा जाता है। छात्राओं व ट्रेनर ने लाघु नाटिका प्रस्तुति कर छात्राओं को जागरूक करने का प्रयास किया गया। सेल्फ डिफेंस क्लासेज के ट्रेनर अमित, समन्वयक डा. शुचि तिवारी, स्पोर्ट्स कोऑर्डिनेटर रीतिका सिंह आदि उपस्थित थे। स्वागत डा. मंजू मेहरोत्रा, संचालन डा. दीपिका बरनवाल व धन्यवाद ज्ञापन प्राचार्य प्रो. रचना दुबे ने किया।



डीएसपी ने सिखाए आत्मरक्षा के गुर

आर्य महिला पीजी कॉलेज में मंगलवार को छात्राओं को सेल्फ डिफेंस की ट्रेनिंग दी गई। महिला प्रकोष्ठ तेजस्विनी व स्पोर्ट्स कमेटी की ओर से आयोजित सेल्फ डिफेंस क्लासेस व फिटनेस जिम का इनाॅगरेशन कॉलेज के प्रबंधक शशिकान्त दीक्षित, प्रिंसिपल डॉ. रचना दुबे ने किया। चीफ गेस्ट सीओ चेतनंज अंकिता सिंह ने छात्राओं को आत्मरक्षा का गुर सिखाते हुए वूमन हेल्प लाइन 1090 की जानकारी दी। मौके पर ट्रेनर अमित, तेजस्विनी की समन्वयक डॉ. शुचि तिवारी, डॉ. मंजू मेहरोत्रा, रीतिका सिंह आदि रही। संचालन डॉ. दीपिका बरनवाल ने किया।

LECTURE ON SANITATION

Health and Hygiene unit organized a lecture on sanitation which was delivered by Mrs. Ankita Mishra on 28/02/2019 in collaboration with Procter and Gamble. One hundred and five (105) students attended this awareness lecture.



INTERNATIONAL SEMINAR ON DIETARY MANAGEMENT IN NON COMMUNICABLE DISEASE

A One-day International seminar was organized by the department of Home Science on January 19, 2019 on "Dietary Management in Non-communicable Diseases". Three Technical Sessions were planned in this seminar.

In the first session Dr. Anita Singh, Associate Prof. (Home Science Department), Agrasen Kanya, PG College delivered a Lecture on "Management of Diabetes", and the chairperson of this session was Dr. Manju Mehrotra. Total 8 papers were presented in the first session.

In the Second Session Mr. Nilesh Shahi, Management and IT Training, Texas, U.S. gave his presentation on 'Eat Raw Food and Veggies', He was keynote speaker of this seminar in the first session.

In third session, Dr. Mukta Singh, Associate Professor, Women's College, BHU, delivered her lecture on "Eat Green Go Healthy". The chair person of

this Session was Dr. Richa Mishra and total 12 papers were presented in this session. Total 50 participants attended the seminar and 29 papers were presented in this seminar.

The valedictory session was chaired by Dr. Shashikant Dixit (manager) and Prof. Rachana Dubey (Principal). The faculty members of the Home Science department including Dr. Shuchi Tiwari, Dr. Manju Mehrotra, Dr. Richa Mishra, and other staffs Divya, Dr. Sabita, Meenu, Anuradha and Ritika were also present there.



आहार प्रबंधन से पाया जा सकता है नियंत्रण

वाराणसी। आर्य महिला पीजी कॉलेज में शनिवार को 'गैर संचारी बीमारियों में आहारीय प्रबंधन' विषयक सेमिनार में सही खान-पान की जानकारी दी गई।

मुख्य वक्ता और अग्रसेन पीजी कॉलेज की एसोसिएट प्रोफेसर डॉ. अनिता सिंह ने बताया कि मधुमेह से पीड़ित व्यक्ति को किन बातों की सावधानी बरतनी चाहिए, इसके बारे में जानकारी दी। विशिष्ट अतिथि और मैनेजमेंट एंड आईटी ट्रेनिंग (टेक्सस) के नीलेश शाही ने गैर संचारी रोगों का प्राकृतिक उपचार विषय पर व्याख्यान दिया। उन्होंने कहा कि फलों और सब्जियों का सही तरीके से प्रयोग करके बीमारियों से बचाव किया जा सकता है। विशिष्ट अतिथि डॉ. मुक्ता सिंह ने भी व्याख्यान दिया। सेमिनार में 45 से अधिक शोध पत्र पढ़े गए। संचालन डॉ. अनुराधा श्रीवास्तव, स्वागत डॉ. मंजू मेहरोत्रा और धन्यवाद डॉ. ऋचा मिश्रा ने किया। इस मौके पर पोस्टर और चार्टों की प्रदर्शनी भी लगाई गई। संयोजन डा. शुचि तिवारी, दिव्या वाजपेयी ने किया।

ईट ग्रीन एंड स्टे हेल्थी से फिट रहेंगे युवा पर संगोष्ठी संपन्न

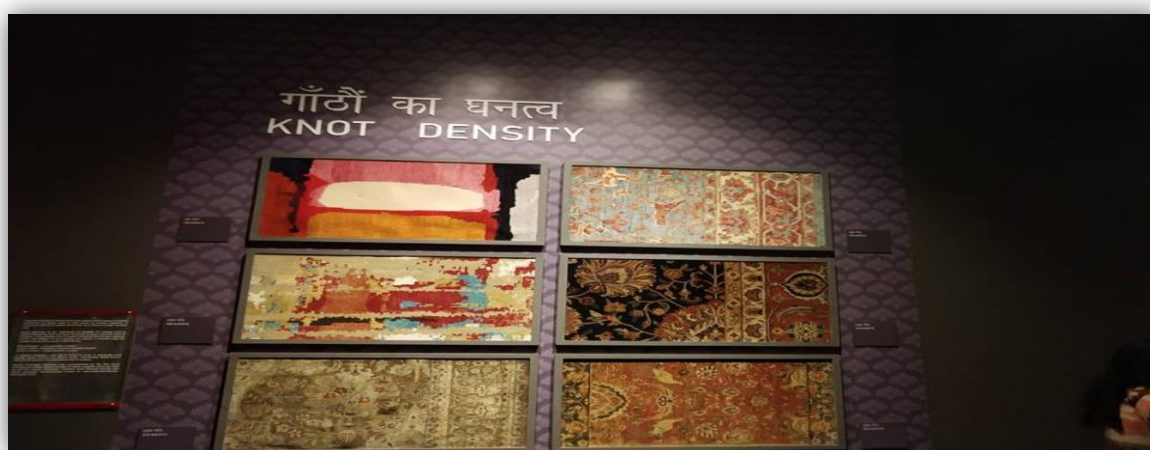
वाराणसी। आर्य महिला पीजी कॉलेज चेतगंज के गृह विज्ञान विभाग द्वारा 'गैर संचारी बीमारियों में आहारीय प्रबंधन' विषय पर शनिवार को एक दिवसीय अंतरराष्ट्रीय संगोष्ठी का आयोजन किया गया। मुख्य वक्ता अग्रसेन कन्या पीजी कॉलेज गृह विज्ञान विभाग की विभागाध्यक्ष डॉ. अनिता सिंह ने मधुमेह में आहारीय प्रबंधन विषय पर प्रकाश डाला।

जिसके बाद 'बेटी बचाओ बेटी पढ़ाओ' अभियान के तहत गुल्लक अभियान का शुभारंभ किया। द्वितीय सत्र में महिला महाविद्यालय गृह विज्ञान विभाग एसोसिएट प्रोफेसर डॉ. मुक्ता सिंह ने छात्राओं को ईट ग्रीन एंड स्टे हेल्थी विषय पर जागरूक किया। ब्यूरो

EDUCATIONAL TOUR TO DEEN DAYAL HASTKALA SANKUL, BADA LALPUR TRADE FACILITATION CENTRE

An Educational Tour was organised by the department of Home Science for the students to Deen Dayal Hastkala Sankul, Bada Lalpur Trade Facilitation Centre on 05/04/2019. Eighty-nine students (89) went for the educational visit.

Deendayal Hastkala Sankul (Trade Centre & Museum) is a modern and integrated facility developed by the Ministry of Textiles, Govt. of India to support Handloom and Handicraft sector of Varanasi and nearby areas, by providing platform for trade enhancement, facilitation to both domestic and international buyers and carry forward the rich traditions of Handloom and Handicrafts of Varanasi region.



EDUCATIONAL VISIT TO DEVA INTERNATIONAL SOCIETY FOR CHILD CARE

Department of Home Science took their students for educational visit according to their curriculum based on practical for physical and mentally retarded children to DEVA International Society for Child Care. This centre integrates occidental psychological methods, such as behaviourism, with oriental methods, such as yoga and singing. These marginalized children do not have the same ability to adjust as other children of their age. Forty students (40) students along with faculties visited there on 30/04/2019.



CMNE ON ANAEMIA MUKT BHARAT

One day CME on Anaemia Mukh Bharat was organised on 15th April 2019 in collaboration with Indian Dietetic association Lucknow Chapter and Department of Home Science Arya Mahila P.G College. This Programme was Under banner of Rashtriya Poshan Mission. The programme was organized by Dr. Richa Mishra.

In the first session Professor C.P Mishra Department of Community Medicine, IMS, BHU was the Key Note speaker of this CME. He delivered lecture on

“Anaemia Mukht Bharat Abhiyan”. Dr. Manju Mehrotra and Dr. Shuchi Tiwari were chair persons of this Session and total 8 papers were presented in this session.

Second Session-Second Speaker of this Event was Dr. Garima Upadhyaya, Assistant Professor; VKM delivered her thought on “Nutritional Anaemia and its Prevention”. The chair persons of this Session were Dr. Richa Mishra and Dr. Deepika Baranwal. Total 12 papers were presented in this session

In the third session, Speaker of this CME was Dr. Shalini Srivastava, Chief Dietician, KGMC Lucknow who focused on “Net Pro FAN and Policies of FSSAI”. The chair persons of this Session were Dr. Richa Mishra and Dr. Deepika Baranwal total 7 papers were presented in this session. And total 50 Students participated in this CME.

The valedictory session was chaired by Dr. Shashikant Dixit, manager AMPGC and Prof. Rachana Dubey Principal, AMPG College, Faculty members of Home Science department including Dr. Shuchi Tiwari, Dr. Manju Mehrotra, Dr. Richa Mishra, & Dr. Deepika Baranwal and other staff Divya, Dr. Sabita, Meenu, Anuradha and Ritika were also present there.



आधकारिया का उदासनता स इस एन तवारा आर रतन कुमार आद अब तक चालू नहीं किया गया। मौजूद रहे।

एनीमिया मुक्ति अभियान से जुड़ने का आह्वान

अमर उजाला ब्यूरो

वाराणसी। आर्य महिला पीजी कॉलेज में सोमवार को आयोजित कार्यक्रम में छात्राओं को एनीमिया की कमी के कारण और बचाव के बारे में बताया गया। इस दौरान आईएमएस बीएचयू के प्रो. सीपी मिश्रा ने एनीमिया मुक्त अभियान से जुड़ने का आह्वान किया।

प्रो. मिश्रा ने प्रोजेक्टर के माध्यम से एनीमिया के बारे में बताया। डॉ. ऋचा मिश्रा के संयोजन में आयोजित कार्यक्रम में डॉ. शालिनी श्रीवास्तव ने बताया कि खान-पान पर विशेष ध्यान देकर एनीमिया से बचा जा सकता है। वसंत कन्या महाविद्यालय कमच्छा से डॉ. गरिमा उपाध्याय ने भी एनीमिया बीमारी के प्रकार, लक्षण, कारण और बचाव के बारे में बताया। कार्यक्रम का शुभारंभ प्रबंधक डॉ. शशिकांत दीक्षित,

हीमोफीलिया के प्रति किया जागरूक

सारनाथ। हीमोफीलिया सोसाइटी वाराणसी की ओर से रूपनपुर स्थित मधुकर नगर कॉलोनी में आयोजित दो दिवसीय शिविर में सोमवार को हीमोफीलिया बीमारी के कारण और बचाव के बारे में जागरूक किया गया। इस मौके पर डॉ. एमके श्रीवास्तव संस्था के सचिव ओपी पांडे, अमित शाह, नवीन, संदीप, डॉक्टर एसके शर्मा, डॉ. अवधेश आदि उपस्थित थे।

कार्यवाहक प्राचार्य डॉ. मंजू राय ने किया। अतिथियों का स्वागत डॉ. मंजू मेहरोत्रा, धन्यवाद ज्ञापन डॉ. दीपिका बरनवाल ने किया। इस दौरान डायटिशियन मंशा, रेनू सहित कई छात्राएं मौजूद रहीं।

एनीमिया कार्यक्रम सफल बनाने को जागरूकता जरूरी

सहारा न्यूज थ्यूरो

वाराणसी।

आर्य महिला पीजी कॉलेज में गुरुवारा विभाग एवं राष्ट्रीय पोषण संस्थान (लखनऊ केंद्र) के संयुक्त त्वाकषण में एनीमिया मुक्त भारत विषय पर एक सेमीनार का आयोजन किया गया।

आर्य महिला पीजी कॉलेज में सेमीनार का आयोजन

सुभारम्भ प्रबन्धक डॉ. शशिकांत दीक्षित, कार्यवाहक प्राचार्य डॉ. मंजू राय, डॉ. सीपी मिश्रा, डॉ. शुचि तिवारी, डॉ. मंजू मेहरोत्रा ने किया। कार्यक्रम के मुख्य वक्ता आईएमएस बीएचयू के प्रोफेसर डॉ. सीपी मिश्रा ने भारत सरकार द्वारा चलाये जा रहे एनीमिया मुक्त अभियान के बारे में विस्तृत जानकारी दी। उन्होंने बताया कि सरकार द्वारा चलाये जा रहे एनीमिया कार्यक्रम को सफल बनाने के लिए यह आवश्यक है कि लोगों में यह जागरूकता फैलाई जाय कि यह कार्यक्रम उनके लिए है न कि सरकार के लिए। दूसरी प्रमुख वक्ता चोफ डायटिशियन, केजीएमयू, लखनऊ एवं आईडीए सेक्रेटरी लखनऊ



केंद्र डॉ. शालिनी श्रीवास्तव, ने न्यूट्रिशन क्षेत्र में कार्य करने वाली विभिन्न संस्थाओं से सम्बन्धित महिलाओं को अवगत कराया। तीसरी मुख्य वक्ता डॉ. गरिमा उपाध्याय, एसीएमएट बेंगलूर ने एनीमिया बीमारी के प्रकार, लक्षण, कारण एवं बचाव के बारे में विस्तृत जानकारी दी। कार्यक्रम में डायटिशियन मंशा, रेनू एवं पोषण शिक्षा से जुड़े सभी छात्रछात्राओं को उपस्थित रहीं। छात्राओं को आभार एवं फोटिक एमिड की टेबलेट प्रदान की गयी। कार्यक्रम में स्वागत भण्डा डॉ. मंजू मेहरोत्रा, कार्यक्रम में संयोजन व संवाहन डॉ. ऋचा मिश्रा एवं धन्यवाद ज्ञापन डॉ. दीपिका बरनवाल ने किया।

WOMEN'S DAY CELEBRATION UPLIFTMENT OF WOMEN THROUGH DEVELOPING LIVELIHOOD SKILLS

On the occasion of Women's day the department of Home Science has organised one-day programme on "Upliftment of Women through Developing Livelihood Skills" under the aegis of IQAC and Women Cell. Mr. Susheel Tiwari, DSM NABARD was the main speaker of this programme. He delivered his talk for opportunities in women entrepreneurship. On the occasion of women's day two leading women entrepreneurs were facilitated. First one was Mrs Shradhha Sinha Owner of MINI INDIA and second was Miss Anjali Yadav owner of Food restaurant. One hundred and fifty-one (151) participated in this programme.



LECTURE ON GENERIC MEDICINE AND MENSTRUAL SANITATION

The department of Home Science, Health & Hygiene unit and Tarani foundation of life, Varanasi jointly organized an awareness program on “Generic Medicine and Menstrual Sanitation” on World Health Day (01/04/2019). One hundred and fifty-four students participated in this programme





क्र. सं.	दिनांक	विवरण
019	019	सभी को स्वास्थ्य सुविधा मिलना जरूरी
019	019	वाराणसी। आर्य महिला पीजी कॉलेज में गृह-विज्ञान विभाग, हेल्थ एवं हार्डिजि-कमेटी एवं तरणी फाउन्डेशन ऑफ लार्डिफ के संयुक्त तवावधान में विश्व स्वास्थ्य दिवस मनाया गया। इसकी थीम 'सर्वभौमिक स्वास्थ्य कवरेज : हर कोई ह-जगह' है रही। शुभारम्भ डॉ. शशिकान्त दीक्षित प्रबन्धक, प्राचार्या प्रो. रचना दुवे डॉ. शुचि तिवारी, श्रीमती अपर्णा कपूरिया अध्यक्ष तरणी फाउन्डेशन ऑफ लार्डिफ शार्टल कपूरिया, अशुतोष सिंह चेयरमैन स्वस्थ भारत यात्रा, प्रमू लतान्त ने दी-प्रज्वलन से किया। वक्ताओं ने कहा कि देश को विकसित बनाने के लिए सभी को स्वास्थ्य सुविधाओं का मिलना बहुत जरूरी है। सार्वभौमिक स्वास्थ्य के लिए तरणी फाउन्डेशन ऑफ इण्डिया, स्वस्थ भारत यात्रा मिशन एवं जन औषधि केन्द्र तीनों मिलकर एक मुहिम चला रहे हैं। स्वस्थ भारत यात्रा सावरमती आश्रम गुजरात से शुरू होकर दक्षिण भारत, नार्थ ईस्ट आदि से होते हुए आज काशी पहुंची। इस मौके पर आयुर्वेद को आगे बढ़ाने में डॉ. शशिकान्त दीक्षित के द्वारा महत्वपूर्ण योगदान के लिए उन्हें 'उत्तम स्वास्थ्य सेवा सम्मान' से पुरस्कृत किया गया। कार्यक्रम में डॉ.मंजू महरोत्रा, डॉ. दीपिका वरनवाल, डॉ. मीना सिंह, प्रियंक सिंह, शम्भू कुमार, चिवेक शर्मा, विनोद रोहिल्ला, शिवराम कृष्णा, राम कपूर कपूरिया मौजूद थे। कार्यक्रम में लगभग 250 छात्राओं की सहभागिता रही।

VOTING AWARENESS CAMPAIGN

The department of Home Science and Tejaswini – jointly organized Voting Awareness Campaign by Mrs. Neelu (International Master Athlete, India and Brand Ambassador of SVEEP, Vns.) through Nukkad Natak and Mehandi on 10/04/2019



EXHIBITION CUM SALE MIRI (MADE IN RURAL INDIA)

The department of Home Science and Tejaswini – A Cell for Women’s Studies & Development jointly organized an Exhibition cum sale MIRI (Made in Rural

India initiative taken by Prime Minister of India) for Upliftment of economic condition of rural women in India. Thirty students participated in this programme.



EXHIBITION

The department of Home Science organized a One-day Exhibition on 22/04/2019. Article made by students based on Tie & Die techniques, Traditional Embroidery and decorative Article made from waste material for decoration. Through this exhibition students get a platform to show their creativity by selling the items like tie & die dupatta, home decorative items.



NATIONAL WORKSHOP ON FOOD PROCESSING

A Seven Day food processing workshop was organized by the department of Home Science from 17/06/19 to 23/06/19. In this workshop various preservation techniques were demonstrated to the students. The recipes which were demonstrated are jam, pickles, marmalade, murabbas, salad and some other continental dishes. The valedictory session was chaired by Dr. Shashikant Dixit, manager, AMPG College. The workshop was organised by Dr. Shuchi Tiwari, Dr. Manju Mehrotra, Dr. Sabita, Meenu and Anuradha of Home Science Department. 50 students joined this workshop.



CUTTING AND TAILORING DIPLOMA

From July 2018 to June 2019, one year free training of “**Cutting and Tailoring Diploma**” was organized by the Department of Home Science along with Kashi Annapurna Annakshetra Trust. The department organized sewing machine distribution ceremony and certificate distribution ceremony on April 25, 2019. 115 enrolled students from outside were benefitted in this Diploma Course.



SWACHHATA ABHIYAN

Community development programme on Swachhata Abhiyan was organised by the department of Bengali from 1st September to 15th September 2018. Total 100 students participated in this Swachhata Pakhwara programme.



EXTRA CURRICULAR ACTIVITY

Various activities were organized by the Department of Bengali for Youth Festival Medha Sanskritik Sankul like Group Dance, Solo dance, Folk Dance , Essay writing, Debate and other cultural Activities. More than 60 students participated in this Youth Fest







SUSTAINED GRADED VALUE EDUCATION PROGRAMME

The department of Bengali, Arya Mahila P.G. college has started a Value education two years certificate programme i.e., Sustained Graded Value Education Programme since 2012 with collaboration of Rama Krishna Mission

Home of Services. Our students enrolled and actively participated there. Ram Krishna Mission, Varanasi organised classes on Sustained Graded Value Education Programme is runned by Department of Bengali in collaboration with, Ram Krishna Mission Home of Services. Twenty-one students participated in this value education programme.



SEVEN DAYS NATIONAL WORKSHOP ON E-CONTENT DEVELOPMENT, MOOCS & SWAYAM

OBJECTIVES OF THE WORKSHOP

- The objectives of the workshop was to sensitize and train SWAYAM coordinators on the roles and responsibilities of the University and its SWAYAM coordinators, and also to increase the reach of SWAYAM Course, as the SWAYAM is a path-breaking initiative of the government aimed at providing quality education to large number of students pursuing higher education in Universities and Colleges.
- The Workshop aims to foster basic ICT Skills of the educators.

- To motivate and train teachers to become experts in the use of technology.
- To train teachers to develop their own e-content and e-learning resources.
- To enable teachers to use common gadgets as ICT tools.

Topic Coverage

- Online Resources.
- E-Content.
- MOOCs & SWAYAM
- E-Governance.
- Academic writings and Content Analysis.

OUTCOMES

- Teachers will be able to do professional quality recording on common gadgets.
- Teachers will learn the use of advanced Apps to produce their own Independent videos.
- Teachers will be able to record and edit their own videos/PPT presentations.
- Teachers will be able to stream/upload videos to online video servers.


Inauguration and presentation :

- The workshop was inaugurated by Dr. S.K.Tiwari, Co-ordinator, UGC-HRDC, Banaras Hindu University in the august presence of Dr. Shashikant Dikshit, Manager, Arya Mahila P.G. College, Varanasi, Prof. Rachana Dubey, Principal, Arya Mahila P.G. College, Varanasi, Dr. Suchita Tripathi, Convener, Seven days National Workshop on E-content development, MOOCs and SWAYAM.

- In her welcome address Prof. Rachana Dubey, Principal, AMPGC , gave a brief overview of the GOI's NME-ICT project under which UGC has developed 18000 modules for PG courses which are available on e-PG Pathshala website: epgp.inflibnet.ac.in. Further UGC has also developed MOOCs (Massive Open Online Courses) courses for indigenously developed SWAYAM Platform. At present UGC is running 60 MOOCs courses on the SWAYAM website. UGC has also issued Regulations allowing credit weightage up to 20% of MOOCs in their own programmes.
- Dr. S.K.Tiwari, Key Speaker for Day 1 & 2, of Banaras Hindu University in his address highlighted the importance of SWAYAM Platform managed by AICTE. He informed that 989 courses are being offered by 8 National Coordinators and 18, 46,098 is the
- current enrolment on the SWAYAM platform. SWAYAM Platform will also serve a dual purpose as it can be used for students to learn and also to enhance the pedagogy and skills of the teachers. On Day 3 we understand the practical knowledge about MOODLE.
- Dr. J. Sarkar, Department of Computer science, BHU, highlighted the importance of E-Resources and OCER Commons. He informed about Vidyamitra, E-Gyankosh etc.(Day 4)
- Dr. Vivekanand Jain, Deputy Librarian, BHU, enhance our knowledge about Digital Records and How to upload our articles online and also informed us about JSTOR, INFLIBNET etc.(Day 5)
- Dr. Kishor Patwardhan of IMS, BHU highlighted the importance of MENDLEY and many other topics like Auto referencing, Auto Bibliography, H-Index, Scopus etc. Dr. Neeta Singh and Ms. Revathy of IIT, Kanpur enhances our knowledge about mooKIT. mooKIT is a very user friendly platform to offer MOOCs and interact with participants. The platform is well designed and is very useful. Its analytics is very helpful

in understanding the student's participation and to track their progress.
(Day 7)

- The Programme convener was Dr. Suchita Tripathi and Dr. Garima Gupta. She also conducted the proceedings. Mr. Kuldeep Sharma Introduced the subject while vote of thanks was proposed by Dr. Suchita Tripathi of Department of Department of Hindi.

<p>Seven Days National Workshop on E-content Development, MOOCs & SWAYAM March 6-11, 2019</p>  <p>Convener Dr. Suchita Tripathi Dr. Garima Gupta</p> <p>Organizing Secretary Mr. Kuldeep Sharma</p> <p>Organized by Arya Mahila PG College, Varanasi Grade "A" Accredited by NAAC & "College with Potential for Excellence" by UGC (Admitted to the Privileges of Banaras Hindu University) Chetganj, Varanasi, U.P., India</p>	<p>OBJECTIVES OF THE WORKSHOP</p> <ul style="list-style-type: none"> • The Workshop aims to foster basic ICT Skills of the educators. • To motivate and train participants to become experts in the use of technology. • To train participants to develop their own e-content and e-learning resources. • To enable participants to use common gadgets as ICT tools. <p>EXPECTED OUTCOMES</p> <ul style="list-style-type: none"> • Participants will be able to do professional quality recording on common gadgets. • Participants will learn the use of advanced Apps to produce their own Independent videos. • Participants will be able to record and edit their own videos/PPT presentations. • Participants will be able to stream/upload videos to online video servers. <p>ABOUT SWAYAM</p> <p>SWAYAM MOOCs platform is World's Largest Online Free E-Learning Platform Portal designed to achieve the three cardinal principles of Education Policy viz., Access, Equity and Quality by covering School/Vocational, Under Graduate, Post Graduate, Engineering and other Professional Courses.</p>	<p>ABOUT COLLEGE</p> <p>Arya Mahila Post Graduate College is a women's college in Varanasi(India) and is admitted to the privileges of Banaras Hindu University. It was established in 1956 by Shri Arya Mahila Hitakarini Mahaparishad by the efforts of Smt. Vidya devi ji, and a disciple of of Shri Gayanand Maharaj Ji who laid the foundation of Bharat Dharma Mahamandal to promote the cause of women in the field of education and to preserve Indian culture and human values. The college endeavors to impart quality education to the women community and make them capable of facing the challenges of life with solidarity. Arya Mahila PG College is located in the heart of the cultural city Varanasi (Kashi) and boasts of an elegant campus with education - friendly ambience, ideal for the conduct of studies. The College renders quality education at UG, PG and Research levels through a team of eminent teaching personalities.</p> <p>WHO CAN APPLY FOR THIS WORKSHOP Teachers, Research Scholars & Professionals</p> <p>REGISTRATION</p> <p>The interested participants are required to apply duly filled in registration form. The last date for receiving registration form is february 28, 2019. The seats are limited to 50. The participants can pay registration fee till February 28, 2019(till the seats are filled). The participants are requested to make their own stay arrangements. No TA and DA will be paid to the participants.</p> <p>Registration Fee : Rs. 1000/-</p>
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ई-कंटेंट से कम शुल्क में गुणवत्तायुक्त शिक्षा

जागरण संवाददाता, वाराणसी : विद्यार्थियों को कम शुल्क में उच्च गुणवत्तायुक्त ऑनलाइन शिक्षा की दिशा में पहला तेज कर दी गई है। इस क्रम में छोटे-छोटे टुकड़ों में ई-कंटेंट तैयार किया गया है। अब इसे एक कर विस्तार देने का कार्य चल रहा है ताकि विद्यार्थी ऑनलाइन पढ़ाई कर सकें।

आर्य महिला पीजी कॉलेज में ई-कंटेंट पर आयोजित सात दिवसीय कार्यशाला के उद्घाटन सत्र में वे ब्रातों राष्ट्रीय समन्वयक व पू-विज्ञान, बीएचयू के प्रो. एसके तिवारी ने कही। कहा कि देश में करीब 900 विश्वविद्यालय व 45000 महाविद्यालय के बावजूद दाखिले का संकट बना हुआ है। इसे देखते हुए, ई-कंटेंट पर तेजी से कार्य हो रहा है। इस क्रम में वर्ष 2012 में माक्स से करार हुआ है। छोटे-छोटे टुकड़ों पर मौजूद कंटेंट को एक साथ जोड़ा जा रहा

ऑनलाइन

- हिंदी-अंग्रेजी सहित दस भाषाओं में एक साथ कार्य कर रहे 132 राष्ट्र
- आर्य महिला पीजी कॉलेज में सात दिवसीय कार्यशाला उद्घाटित

है। इस दिशा में 132 राष्ट्र हिंदी-अंग्रेजी सहित दस भाषाओं में एक साथ कार्य कर रहे हैं। इसका प्रमुख उद्देश्य कम शुल्क में विद्यार्थियों को गुणवत्तायुक्त शिक्षा उपलब्ध कराना है। कार्यशाला के माध्यम से शिक्षकों को आइसीटी के कौशल विकास, ई-कंटेंट व ई-लर्निंग सहित अन्य विषयों में ट्रेनिंग दी जाएगी। इस मौके पर डा. अनिता सिंह, डा. स्वाति मिश्र, डा. गरिमा गुप्ता, डा. ऋचा मिश्र समेत अन्य मौजूद रहे। अध्यक्षता प्राचार्य प्रो. रचना दुबे, स्वागत डा. शशिकान्त दीक्षित, संचालन कुलदीप शर्मा ने किया।

आईआईटी कानपुर के विशेषज्ञ देने सात दिनों का प्रशिक्षण, आर्य महिला पीजी कॉलेज में प्रशिक्षण शुरू, भाषा पर भी देने रचना

कॉलेज के शिक्षक सीखेंगे ऑनलाइन कंटेंट राइटिंग

वाराणसी विश्व संस्कृत

ई-लर्निंग

उच्च शिक्षा में ई-लर्निंग को बढ़ावा देने के लिए डिजी कॉलेज के शिक्षकों को प्रशिक्षण दिया जा रहा है। ई-लर्निंग में एडवी मेंटॉरिंग के तंत्र तैयार किया जाए? इसकी जानकारी उन्हें

- पॉर्टल 'स्वयं' के लिए होगा इन कंटेंट का उपयोग
- 'स्वयं' के माध्यम से दिया जा रहा है ई-लर्निंग को बढ़ावा

विशेषज्ञों द्वारा दी जाएगी। उनके द्वारा तैयार कंटेंट ऑनलाइन पॉर्टल 'स्वयं' पर अपलोड किया जाएगा। कंटेंट राइटिंग के प्रशिक्षण की दिग्दर्शिका कानपुर आईआईटी की टीम को दी गई है। विभिन्न विभागों

के विशेषज्ञ टीम के सदस्य कॉलेज के शिक्षकों को कंटेंट राइटिंग में सहायता देंगे और ऑनलाइन टूल के उपयोग के बारे में जानकारी देंगे। ऑनलाइन कंटेंट लेखन में भाग पर भी विशेष ध्यान दिया जाएगा।

क्या है 'स्वयं' पॉर्टल

'स्वयं' कोशिकाओं द्वारा का सबसे बड़ा ऑनलाइन प्रो ई-लर्निंग प्लेटफॉर्म पॉर्टल है। इसे भारत सरकार ने आरंभ किया है। इसके माध्यम से स्कूल, कॉलेज, अकादमिक, पॉस्ट ग्रेजुएट, इंजीनियरिंग और अन्य व्यावसायिक पठनक्रमों को पढ़ाई होगी। इसका मकसद अधिक से अधिक लोगों गुणवत्तायुक्त उच्च और तकनीकी शिक्षा देना है।

ई-लर्निंग क्यों है जरूरी

वर्तमान में 900 विश्वविद्यालय और 48 हजार कॉलेज हैं। मगर उच्च शिक्षा की आवश्यकताओं को पूरा नहीं कर पा रहे हैं। इसलिए तकनीकों का सहारा लिया जा रहा है। इसलिए 'स्वयं' पॉर्टल के माध्यम से ई-लर्निंग को बढ़ावा दिया जा रहा है।

आर्य महिला पीजी कॉलेज में विभिन्न कॉलेजों के 50 शिक्षक भाग ले रहे हैं। पहले दिन बीएचयू में एएसएस तिवारी ने ई-कंटेंट, मॉडल

ऑपरेन ऑनलाइन कोर्स और 'स्वयं' पॉर्टल के बारे में जानकारी दी। उन्होंने बताया कि ऑन-ऑफर कॉलेजों के शिक्षकों को प्रशिक्षण दिया जाएगा। ऑनलाइन पॉर्टल की

उपयोगिता बताना रखने के लिए उच्च कॉलेज का ई-कंटेंट होगा जरूरी है। ई-कंटेंट दस भाषाओं में तैयार किया जाएगा। शिक्षक के विशेषज्ञ ही इसे तैयार करेंगे।

PEACE MARCH

Peace march was organized by the College with Department of Political Science and Sanskrit on 20/02/2019. More than 2000 students and all teaching and Non-teaching staff actively participated in this peace march. This march was against terrorism and in respect to our martyrs. College Manager Dr. Shashikant Dixit and Principal Prof Rachana Dubey encouraged all the students. This march was started from College campus to Teliyabagh Chauraha via Sampooranand Sanskrit University.



शहीदों की याद में छात्र-छात्राओं ने निकाला शांति मार्च

वाराणसी | शहीद संतदत्ता

पुलवामा के शहीदों को श्रद्धांजलि देने का सिलसिला अभी जारी है। बुधवार को अर्ध महिला पीजी कॉलेज और सम्पूर्णंद संस्कृत विश्वविद्यालय के छात्र-छात्राओं ने अलग-अलग मार्च निकाल कर शहीदों को याद किया।

आर्ध महिला पीजी कॉलेज की छात्राओं का मार्च चेतनराज से सम्पूर्णंद संस्कृत विश्वविद्यालय तक गया। मार्च में करीब 1500 छात्राएं शामिल थीं। वे बैनर लेकर चल रही थीं। उस पर 'वतन पर जो फिदा होगा-अमर वो नौजवां होगा', 'अमर शहीदों का बलिदान नहीं भूलेगा हिंदुस्तान' आदि संदेश लिखे



शहीद जवानों को दी श्रद्धांजलि

वाराणसी। पुलवामा में शहीद जवानों को पोपुलर अस्तलत और नर्सिंग होम के डॉक्टर व छात्रों ने दो मिनट का मौन रख श्रद्धांजलि दी। इस कारगराम हरकत के तिर्ये मिनट करते हुये सरकार से कारवाई की मांग की। अस्पताल के निदेशक डॉ. एके कोशिक ने कहा कि आतंकवाद का कोई धर्म नहीं होता। इस मौके पर डॉ. जीतेद, डॉ. पंकज, डॉ. किरण कोशिक, प्रो. सुधाकर आदि रहे।

हुए थे। मार्च में प्रबन्धक डॉ. शशिकांत दीक्षित, प्राचार्य डॉ. रचना दुबे, डॉ. चंद्रकांता राय, डॉ. मंजू राय, डॉ. निमिता सिन्हा, डॉ. शशि मालवीय, डॉ. अनामिका सिंह, डॉ. ऋचा मिश्रा थीं। दूसरी ओर, सम्पूर्णंद संस्कृत विश्वविद्यालय में चौएई द्वितीय वर्ष के स्काउट-गाइड के छात्रों ने बुधवार को

पुलवामा के शहीदों की स्मृति में शांति मार्च निकाला। इस मौके पर विभागाध्यक्ष प्रो. पीएन सिंह, डॉ. विशाखा शुक्ला, डॉ. कृष्ण कुमार, डॉ. पवन कुमार, संतोष कुमार, जाकिर हुसैन, अरविंद कुमार चौधरी आदि थे।

चिरहुदेन एके डमी के बच्चों ने शनिवार को स्कूल में मोमवती जलाकर पुलवामा के शहीदों को श्रद्धांजलि दी। इस अवसर पर स्कूल के प्रबंधक डॉ. एस्के भाटिया ने कहा कि देश शहीदों के परिजनों के साथ है। हमारा देश दुश्मनों को उन्नी की भाषा में जवाब देगा। सरकार से इसे लेकर तत्काल सख्त कदम उठाने की मांग की।

एक ही मांग, एक के बदले दस जान

जासू, वाराणसी : संपूर्णानंद संस्कृत विश्वविद्यालय के स्काउट-गाइड के छात्रों ने बुधवार को शांति मार्च निकाला। इस दौरान बीएड के विद्यार्थी 'हर तरफ एक ही मांग, एक के बदले दस जान', 'लिख रहा हूँ मैं अंजाम जिसका कल आगान आयागा', 'कुर्बान हुए जो शूरवीर उनका हो सम्मान, देश पर बलिदान का यह अभिमान' सहित स्लोगन लिखी तख्तियां लेकर मार्च में चल रहे थे।

शिक्षाशास्त्र विभाग के विभागाध्यक्ष प्रो. पीएन सिंह ने हरी झंडी दिखाकर शांति मार्च को रवाना किया। यह मार्च लद्दुगबौर, चेतनराज, जगतगंज होते हुए विश्वविद्यालय आकर समाप्त हुई। इस दौरान दो मिनट मौन रखकर शहीदों को नमन किया गया। रैली में मुख्य रूप से स्काउट गाइड के प्रशिक्षक जाकिर हुसैन, शाहिद अली, डॉ. विशाखा शुक्ला, डॉ. कृष्ण कुमार, डॉ. पवन कुमार सहित अन्य लोग शामिल थे। शिविर के चौथे दिन आयोजित सांस्कृतिक कार्यक्रम शहीदों को समर्पित था। 24वें आर्ध महिला पीजी

● संपूर्णानंद संस्कृत विश्वविद्यालय व आर्ध महिला पीजी कॉलेज से विद्यार्थियों ने निकाली रैली



लद्दुगबौर स्थित आर्ध महिला पीजी कॉलेज की ओर से मार्च निकालती छात्राएं ● जागरण सहित अन्य स्लोगन लिखी तख्तियां लेकर चल रही थीं। मार्च में मुख्य रूप से प्रबंधक डॉ. शशिकांत दीक्षित, प्राचार्य प्रो. रचना दुबे, डॉ. भावना त्रिवेदी, डॉ. चंद्रकांता राय, डॉ. अनामिका सिंह, डॉ. ऋचा मिश्रा सहित अन्य लोग शामिल थे।

काशी की वीरंगनाओं ने पाकिस्तान को ललकारा



पुलवामा में आतंकी हमले के शिवाय में मार्च निकालती आर्ध महिला पीजी कॉलेज की छात्राएं।



सिन्धु ग्रोव के छात्रों ने निकाला तिरंगा मार्च

शहादत नमन
वाराणसी। आर्ध महिला पीजी कॉलेज ने पुलवामा में शहीद जवानों को श्रद्धांजलि देने के लिए मार्च निकाला। छात्राओं ने आतंकवाद के शिकार परिवारों को संताना। मार्च में करीब 1500 छात्राएं शामिल थीं। वे बैनर लेकर चल रही थीं। उस पर 'वतन पर जो फिदा होगा-अमर वो नौजवां होगा', 'अमर शहीदों का बलिदान नहीं भूलेगा हिंदुस्तान' आदि संदेश लिखे

राहियों का त्रिपिंडी श्राद्ध करेगी कांग्रेस
वाराणसी। राहियों का त्रिपिंडी श्राद्ध करेगी कांग्रेस। शहीदों को श्रद्धांजलि देने के लिए कांग्रेस ने एक कार्यक्रम का आयोजन किया। इस कार्यक्रम में कांग्रेस के राष्ट्रीय अध्यक्ष राहुल गांधी ने भाग लिया।

वतन पर जो फिदा होगा...

varanasi@inext.co.in
VARANASI (20 Feb.): आर्ध महिला पीजी कॉलेज की छात्राओं ने बुधवार को शांति मार्च निकाला। कॉलेज कैम्पस से संपूर्णानंद संस्कृत विश्वविद्यालय तक छात्राएं 'वतन पर जो फिदा होगा, अमर वो नौजवां होगा' 'अमर शहीदों का बलिदान नहीं भूलेगा हिंदुस्तान' सहित अन्य स्लोगन लिखी तख्तियां लेकर चल रही थीं। मार्च में मुख्य रूप से प्रबंधक डॉ. शशिकांत दीक्षित, प्रिंसिपल प्रो.

रचना दुबे, डॉ. भावना त्रिवेदी, डॉ. चंद्रकांता राय, डॉ. अनामिका सिंह, डॉ. ऋचा मिश्रा आदि शामिल रहीं। उधर, संपूर्णानंद संस्कृत यूनिवर्सिटी के स्काउट-गाइड के छात्रों ने शांति मार्च निकाला। हरी झंडी शिक्षाशास्त्र विभाग से विभागाध्यक्ष प्रो. पीएन सिंह ने दिखाई। रैली में मुख्य रूप से स्काउट गाइड के प्रशिक्षक जाकिर हुसैन, शाहिद अली, डॉ. विशाखा शुक्ला, डॉ. कृष्ण कुमार, डॉ. पवन कुमार आदि रहे।

दैनिक जागरण Thu, 21 February 2019 inextpaper.jagran.com/c/369248

SPIC MACAY

SPIC MACAY was organized by the college on 5th September 2019. Ustad Sarfaraj Chishti sang Quawalli with his team members.





SPIC MACAY

SPIC MACAY was organized by the college on 16-04 2019. Dr. Prateek Chaudhary, Associate Professor, Delhi University played Sitar. He played raag



YOUTH FESTIVAL

MEDHA SANSKRITIK SANKUL

Youth Festival of College “MEDHA SANSKRITIK SANKUL” was organised by the college from 10 th February to 13th February 2019. This Year Dr. Vandana Choubey and Dr. Vineeta Jaiswal were the co-ordinator of this youth festival. Various activities related to Performing arts, Fine Arts, Literature,

Speech Competition, Essay Competition, Group Song, Solo Song, Western Song Solo, Western song group Classical Music, Folk Group Dance , Rangoli, Mehendi etc were organized by the various departments. Winner Students of all these activities go for SPANDAN in BHU.

CELEBRATION OF NATIONAL SPORTS DAY

National Sports day was celebrated in the college on 29 th to 30th August 2018. Various competition like Badminton, Seven Stone (Pittu) and Tug of War was organized between teaching and Non-teaching staff and between students of various departments.



ALUMUNI MEET

Alumni meet of the college was organized on 24th April 2019. In this all the alumni's who are working as a Principal in Colleges or Inter college were facilitated. Prof. Chandrakala Tripathi was the chief guest of alumuni meet. Dr. Purnima Dixit, Dr. Annapurna Dwivedi and Dr. Vandana Pandey were guest of honour of this alumuni meet. Alumuni association has organised one day national seminar on Social Development and Human Values (annexure 90).





पुराने साथी मिले तो गुजरे दिनों को किया याद

वाराणसी (एसएनबी)। आर्य महिला पीजी कॉलेज में एल्मनी सेल की ओर से पुरातन छात्र समागम समारोह 2019 का आयोजन किया गया। इसमें पुराने साथी मिले तो उन्हें गुजरे दिनों को याद किया। महाविद्यालय की पूर्व छात्राएँ यदि किसी विद्यालय एवं महाविद्यालय में प्रधानाचार्य एवं प्राचार्य पद पर कार्यरत हैं। उन सभी को इस कार्यक्रम में अध्यक्ष, मुख्य अतिथि, विशिष्ट अतिथि आदि पदों पर

सम्मनित किया गया। सम्मान के पश्चात सभी पुरातनियों ने पूर्व की स्मृतियों पर स्मरण किया। इस समारोह का एक विशेष उपलब्धि यह रही कि एल्मनी सेल की ओर से महाविद्यालय को करीब

बजाकर दर्शकों ने मन मोह लिया। पारिग पार्सल, अन्प्राहरी आदि दिमागी कसरतों ने पुरातनियों को खूब उकाया। अन्त में पुरातन छात्राओं द्वारा ही कथक नृत्य तथा वेदी पढ़ाओ, वेदी पढ़ाओ नामक नृत्य नाटिका की सुन्दर प्रस्तुति की गयी। इस नृत्य नाटिका में मुख्य भूमिका कंचन मिश्रा, सुनीता, बन्दना श्रीवास्तव तथा लवली श्रीवास्तव ने निभाई। शुभारम्भ दीप प्रज्वलन तथा कुलगीत तथा



मंगलाचरण से किया गया। कुलगीत तथा मंगलाचरण प्रस्तुत करने वाली भी महाविद्यालय में कार्यरत पुरातन छात्राएँ ही थीं। इस कार्यक्रम में पुरातन छात्राओं का स्वागत महाविद्यालय की प्राचार्य प्रो. रचना दूबे, रिपोर्ट वाचन डॉ. निर्माता मिश्रा ने किया। संचालन डॉ. जया मिश्रा तथा डॉ. जया राय ने किया तथा धन्यवाद ज्ञापन डॉ. विन्दु लाहिड़ी एवं डॉ. अन्नपूर्णा दीक्षित ने दिया। इस अवसर पर महाविद्यालय के प्राचार्य डॉ. शशिकान्त दीक्षित भी उपस्थित थे।

आर्य महिला पीजी कॉलेज में पुरातन छात्र समागम समारोह

1.5 लाख रुपये लगान का एक प्रोजेक्ट तथा चार मॉडर्न महाविद्यालय को प्रदान किया गया। पुरातनियों के मनोरंजन हेतु महाविद्यालय की ओर से एक भव्य सांस्कृतिक कार्यक्रम का भी आयोजन किया गया जिसमें कार्यक्रम की शुभारम्भ शैल्य देवी द्वारा अन्नपूर्णा, बन्दना ने निरार पर किया धड़क-2 जाये तथा 'यादें याद आती हैं' राग

मंगलाचरण से किया गया। कुलगीत तथा मंगलाचरण प्रस्तुत करने वाली भी महाविद्यालय में कार्यरत पुरातन छात्राएँ ही थीं। इस कार्यक्रम में पुरातन छात्राओं का स्वागत महाविद्यालय की प्राचार्य प्रो. रचना दूबे, रिपोर्ट वाचन डॉ. निर्माता मिश्रा ने किया। संचालन डॉ. जया मिश्रा तथा डॉ. जया राय ने किया तथा धन्यवाद ज्ञापन डॉ. विन्दु लाहिड़ी एवं डॉ. अन्नपूर्णा दीक्षित ने दिया। इस अवसर पर महाविद्यालय के प्राचार्य डॉ. शशिकान्त दीक्षित भी उपस्थित थे।

सरकार म मन्त्रा अनुपमा जायसवाल भा उपास्थित था।

पुरातन छात्राओं ने यादों को किया साझा

आर्य महिला पीजी कॉलेज में बुधवार को एल्मनी सेल की ओर से पुरातन छात्र समागम समारोह 2019 का आयोजन किया गया। इस आयोजन की विशेषता यह रही कि इस कार्यक्रम में महाविद्यालय की पूर्व छात्राएँ यदि किसी विद्यालय एवं महाविद्यालय में प्रधानाचार्य एवं प्राचार्य पद पर कार्यरत हैं। उन सभी को इस कार्यक्रम में अध्यक्ष, मुख्य अतिथि, विशिष्ट अतिथि यदि पदों पर सुसंभित किया गया। मंच पर आसीन पुरातनियों में अध्यक्ष पद पर डाक्टर उर्मिला देवी, मुख्य अतिथि पद पर प्रोफेसर चन्द्रकला त्रिपाठी, विशिष्ट अतिथि पद पर डाक्टर इन्दु गुलाटी, डाक्टर बन्दना पाण्डेय, श्रीमती सुशीला, डाक्टर पुष्पिमा दीक्षित, डाक्टर अर्पणा द्विवेदी विराजमान थीं। इनके साथ ही सन 1987 से 1996 तक की पूर्व छात्राओं को तथा 1997 से सन् 2003 तक कि महाविद्यालय में कार्यरत 5 पूर्व छात्राओं डॉ. जया मिश्रा, बबली सिंह, डॉ. पुनम जायसवाल, मनीषा, डॉ. विनीता को एल्मनी समिति की ओर से



हृदय यह कहा कि महाविद्यालय की यह तपोभूमि का ही पुण्य प्रताप है कि वे अपने-अपने क्षेत्र में शीर्ष पद पर आसीन हैं। इस समारोह का एक विशेष उपलब्धि यह रही कि एल्मनी सेल की ओर से महाविद्यालय को करीब 1.5 लाख रुपये लागत का एक प्रोजेक्ट तथा चार मॉडर्न महाविद्यालय को प्रदान किया गया। पुरातनियों के मनोरंजन हेतु महाविद्यालय की ओर से एक भव्य सांस्कृतिक कार्यक्रम का भी आयोजन किया गया, जिसमें कार्यक्रम की शुभारम्भ शैल्य देवी के द्वारा अन्नपूर्णा, बन्दना ने निरार पर किया धड़क-2 जाये तथा 'यादें याद आती हैं' राग बजाकर दर्शकों का मन मोह लिया।

यादों के समागम में बेटे पढ़ाओ का संदेश

आर्य महिला पीजी कॉलेज में पुरातन छात्रा समागम में सम्मानित हुई छात्राएं

अमर उजाला व्यूटो

वाराणसी। आर्य महिला पीजी कॉलेज में बुधवार को पुरातन छात्र समागम में सम्मानित की जवाब मिलने वाली बेटों को सम्मानित किया गया। इस दौरान छात्राओं ने सांस्कृतिक प्रस्तुतियों के साथ बेटों को पढ़ाने का संदेश भी दिया। मंच पर गायन और नृत्य की माध्यम से पुरातनियों को छात्राओं ने समागम को खूबसूरत बना दिया। शेष दूबे, बंदना ने मनीषा नृत्य प्रस्तुत किया। इनके बाद अर्चना निरार ने निरार पर निरार गायन-नाटक... और यादें याद आती हैं... बजाकर सभी का दिल जीता लिया। वेदी पढ़ाओ-वेदी पढ़ाओ पर नृत्य नाटिका के माध्यम से लोगों ने अपने अतीत का आकलन किया। बबली के एल्मनी सेल की ओर से आर्चविलेन मणोरम ने पृथ्वी पुरातन छात्राओं में कोई प्रयास नहीं है तो कोई शिक्कः उन्होंने पुरातन छात्राओं से कॉलेज की एक प्रोजेक्ट, चार मॉडर्न भी प्रदान की। कॉलेज की ओर से 1987 से 1996 और 1997 से 2003 तक की पंच छात्राओं डॉ. जया मिश्रा, बबली सिंह, डॉ. पुनम जायसवाल, मनीषा, डॉ. विनीता को सम्मानित किया गया। इस दौरान प्रोफेसर डॉ. शशिकान्त दीक्षित, डॉ. जया मिश्रा, डॉ. अन्नपूर्णा दीक्षित, डॉ. विन्दु लाहिड़ी, डॉ. जया मिश्रा आदि मौजूद थीं।



निःस्वार्थ सहयोग से मानव मूल्यों का विकास संभव

वाराणसी (एसएनबी)। पूर्व छात्र समिति, संस्कृत-विभाग एवं शिक्षा शास्त्र विभाग, आर्य महिला पीजी कॉलेज, वाराणसी के संयुक्त तत्वावधान में 'सामाजिक

आर्य महिला पीजी कॉलेज में 'सामाजिक विकास एवं मानव मूल्य विषय पर संगोष्ठी

विकास एवं मानव मूल्य विषय पर एक दिवसीय राष्ट्रीय संगोष्ठी का आयोजन वृहस्पतिवार को किया गया। मुख्य वक्ता डॉ. बन्दना पाण्डेय राजकीय महिला महाविद्यालय मऊ घोसी ने कहा कि परस्पर एवं निःस्वार्थ सहयोग से मूल्यों का विकास किया जा सकता है। विशिष्ट अतिथि डॉ. स्नेहा द्विवेदी असिस्टेंट प्रोफेसर मिजोरम ने शिक्षा द्वारा वैश्विक मानवीय मूल्यों के विकास पर बत दिया। डॉ. प्रज्ञा दीक्षित प्रवक्ता, राजकीय बालिका इण्टर कॉलेज,



गंजीपुर ने इस बात पर बल दिया कि शिक्षा व्यवस्था में बदलाव के द्वारा छात्रों में मूल्यों का विकास किया जा सकता है। कार्यक्रम का शुभारम्भ दीप प्रज्वलन, कुलगीत एवं मंगलाचरण से किया गया। अतिथियों का स्वागत डॉ. विन्दु लाहिड़ी एवं धन्यवाद ज्ञापन डॉ. जया मिश्रा ने किया। कार्यक्रम का संचालन डॉ. विनीता ने किया।

अध्यक्षीय सम्बोधन प्राचार्य प्रो. रचना दूबे ने एवं विषय प्रतिस्थान डॉ. चन्द्रकान्त राय ने किया। कार्यक्रम में महाविद्यालय के प्रबन्धक डॉ. शशिकान्त दीक्षित, डॉ. निर्माता मिश्रा, डॉ. ममता गुप्ता, डॉ. आरती श्रीवास्तव, डॉ. पुष्पा त्रिपाठी, डॉ. अन्नपूर्णा दीक्षित, डॉ. पुनम जायसवाल, डॉ. अंशुल जायसवाल, डॉ. दिया मौजूद रहीं।

PARENT TEACHERS MEETING

Parent teachers meeting is organized by every department in even semesters. Students are advised to come with their parents or guardians. Problems related to their academic activities, personal problems are discussed with parent. And suggestions from parents are also invited for the development of college or departments.



INTERNATIONAL MUSIC DAY

With the help of college administration and the department of Home Science, the department of Instrumental Music has organized an International Musical Seminar on the occasion of “World Music Day” on 21st June 2019. For this event, Dr. Allyn Miner (Senior Lecturer Emerita, Department of South Asia Studies, University of Pennsylvania, U.S.A.) was invited as the chief guest. Dr. Miner explained and performed Raag “Nat Bhairav” and “Bhairavi” on the instrument Sitar. Pt. Lalit Kumar (Tabla Accompanist, Mahila Maha Vidyalaya, B.H.U.) accompanied her on Tabla. 30 students enthusiastically participated in the event and developed their aesthetics in Raga-Sangeet of North Indian

Classical Music. The program was coordinated by Dr. Geeta Singh, Department of Instrumental Music. On this occasion,

Dr. Shashikant Dixit (Manager), Dr. Bhavana Trivedi (Acting Principal and Director, IQAC) and other delegates honored the event by their distinguished presence.



सितार वादन की प्रस्तुति ने जीता दिल

वाराणसी (एसएनबी)। आर्य महिला पीजी कॉलेज के सभागार में शुक्रवार को अन्तर्राष्ट्रीय संगीत दिवस के उपलक्ष्य में सितार वादन की प्रस्तुति की गयी। कार्यक्रम में मुख्य कलाकार के रूप में फि लाडे लिफ या, अमेरिका से प्रो. एलएन माईनर ने सितार वादन की मनोरम प्रस्तुति दी। अतिथि का स्वागत डॉ. भावना त्रिवेदी, कार्यवाहक प्राचार्या ने किया। अतिथि परिचय में संगीत विभाग से डॉ. गीता सिंह ने उनकी उपलब्धियों पर प्रकाश डाला। प्रो. माईनर ने राग नट भैरव की मनोरम प्रस्तुति दी जो कि प्रातः कालीन राग है। उनके साथ तबले पर संगत पर डॉ. ललित कुमार, महिला महाविद्यालय, बीएचयू, उपस्थित रहे। कार्यक्रम का समापन राग भैरवी की धुन के साथ किया गया। धन्यवाद ज्ञापन डॉ. शशिकांत दीक्षित, प्रबन्धक आर्य महिला पीजी कॉलेज ने किया।

नट भैरव और राग भैरवी के सुरों पर मंत्रमुग्ध हुए श्रोता

वाराणसी। विश्व संगीत दिवस पर शुक्रवार को आर्य महिला पीजी कॉलेज सभागार राग भैरवी और नट भैरव के रागों से झंकृत हो उठा। अमेरिका से आई अन्तर्राष्ट्रीय कलाकार प्रो. एलएन माईनर ने जब सितार पर अपने अंगुलियों का जादू चलाया तो श्रोता मंत्रमुग्ध हो गए। उनके साथ तबले पर संगत बीएचयू के डॉ. ललित कुमार ने किया। प्रो. माईनर ने कहा कि संगीत में बाल्युम बेरिएशन से भाव आता है। स्वागत कालेज की कार्यवाहक प्राचार्या डॉ. भावना त्रिवेदी ने किया। धन्यवाद प्रबंधक डॉ. शशिकांत दीक्षित ने दिया। इस अवसर पर आर्य महिला नागरमल मुरारका मॉडल स्कूल के प्रबंधक अनुराग दीक्षित, उप प्रबंधक पूजा दीक्षित, आर्य महिला हितकारिणी महापरिषद के अध्यक्ष सत्यनारायण पांडेय, प्रो. गीता सिंह आदि मौजूद रहे। ब्यूरो

COLLEGE TOUR

Under Educational Tour 101 students of the college were taken to Mussoorie, Dhanaulti, Haridwar & Dehradun from 07th April to 11th April, 2019.



STUDENT COUNCIL

Student council play a vital role in the democratic process of any educational institution. Arya Mahila Post Graduate College student council is constituted in the beginning of each session (October first week). The student councillors take active participation in all the academic, cultural, sports, tour, extension activities of the college. They are being given representation in college committees and administrative bodies to improve the student amenities and finally to bring a change in their career and personality. Student councillors help the administration in smooth conduct of student activities on the campus. Student representatives

coordinate with the departments in organizing seminars, workshops for the academic growth of the students and to encourage innovative and creative skills of the students. Arya Mahila Post Graduate College student council is equally participative in the college cultural activities like fresher party, college youth fest (Medha), University youth festival (Spandan - B.H.U.), fare well party etc. They organize Shramdan, blood donation programmes, plastic free environment on the campus to improve the cleanliness and greenery and the maintenance of peace and harmony among campus community in general and student community in

particular. Student tour to different historical places across the nation is being organized with the help of student councilors. The institutions discipline, law and order, ragging free campus is the prime concern of the student council of the college. Student grievances are redressed on the ground level by the student council level itself. The college level celebrations like independence and republic day is being celebrated every year with the help of student councillors. Sports activities are being undertaken with the assistance of student councilors.

S. No.	Name	Designation
1.	Prof. Rachana Dubey	Chairperson
2.	Dr. Anita Singh	CEO / Advisor
3.	Dr. Anamika Singh	Observer
4.	Miss Akriti Burman, Commerce	College Representative
5.	Miss Ishika Singh, Commerce	College Secretary
6.	Miss Sudiksha Singh, English	Sec. Student Welfare
7.	Miss Priyanka Shah, Economics	Sec. Hostel Develop.
8.	Miss Soumi Mandal, Psychology	Sec. Law & Disc.
9.	Miss Sana Afreen, Psychology	FR Social Science
10.	Miss Sudiksha Singh, English	FR Arts
11.	Miss Pragya dubey, Home Science	Sec. Health & Hygiene
12.	Miss Aashana Mishra, Music	Sec. Social Activities
13.	Miss Aditi Singh, English	Sec. Cultural Activities
14.	Miss Harshita Pandey, Economics	Sec. Sports Activities
15.	Miss Akriti Burman, Commerce	FR Commerce
16.	Miss Pratibha Shanker, B.Ed.	FR Education

TEACHERS DAY

Teacher's day was celebrated on 5th September 2018. Students from various departments celebrated teachers day according to their subject to show respect towards their teachers with various activities. They remember Saravpalli Dr. Radha Krishanan. Various activities like Dance, Singing, and other cultural activities.



To promote innovative teaching and learning process, all teaching staff was promoted to record their lectures and upload it on you tube. In this connection sixty two (62) teachers recorded their lectures and uploaded it on you tube.

1. Prof Rachana Dubey : <https://www.youtube.com/watch?v=p8K9OvN5W04&t=37s>
2. Dr. Bhavan Trivedi: <https://www.youtube.com/watch?v=I1hZ9zJ1b1M&t=77s>
3. Dr. Chandrakanta Rai: https://www.youtube.com/watch?v=8v5qx_Vugwk
4. Dr. Madhumita Bhattacharya: <https://www.youtube.com/watch?v=Frfc3fxczmc>
5. Dr. Ranjana Malviya: <https://www.youtube.com/watch?v=hHgZodv7uXw>
6. Dr. Brijbala Singh: <https://www.youtube.com/watch?v=5tBRbIpMvIw>
7. Dr. Manju Banik: https://www.youtube.com/watch?v=xP_gd2ZBAEk&t=16s
8. Dr. Shuchita Tripathi: <https://www.youtube.com/watch?v=1SK2TS3vI00>
9. Dr. Vandana Choubey: <https://www.youtube.com/watch?v=QSUOn7YGkTg>
10. Dr. Mamta Gupta: <https://www.youtube.com/watch?v=h4DtECQqPmo>
11. D. Jaya Mishra: https://www.youtube.com/watch?v=QHQ-iW5s_1s
12. Dr. Kaushalendra Singh: <https://www.youtube.com/watch?v=1YgfEigHIHY>
13. Dr. Preeti: <https://www.youtube.com/watch?v=VuRV2OrFN5E>
14. Dr. Divya: <https://www.youtube.com/watch?v=YuBK6MQB78>
15. Dr. Bithika Agrawal: <https://www.youtube.com/watch?v=YkzULyKs4Sk>
16. Dr. Samvedana Singh: <https://www.youtube.com/watch?v=ot4ixb-rwTM>
17. Dr. Vinita: <https://www.youtube.com/watch?v=aKlsuz5curo&t=5s>

18. Dr. Vibha Singh: <https://www.youtube.com/watch?v=n2jVrSBWNE>
19. Dr. Meenakshi Mishra: <https://www.youtube.com/watch?v=Kmjfe3Spt0k>
20. Dr. Anamika Singh: <https://www.youtube.com/watch?v=Wu4JLKXDmKg>
21. Dr. Suman Tiwari: <https://www.youtube.com/watch?v=0ckOYw6QCWs>
22. Dr. Tripur Sundari: https://www.youtube.com/watch?v=BkprbJK_9WQ
23. Dr. Shubham Mishra: <https://www.youtube.com/watch?v=uMsC0Wa48rk>
24. Dr. Shuchi tiwari H.Sc: <https://www.youtube.com/watch?v=iWpgs3I7PVM&t=61s>
25. Dr. Sarita Mishra: <https://www.youtube.com/watch?v=lFOxWDGvUjw>
26. Dr. Richa Mishra: <https://www.youtube.com/watch?v=9Lh30kyYvao&t=108s>
27. Dr. Pushpa Tripathi: <https://www.youtube.com/watch?v=veTbh5bgqPo>
28. Dr. Poonam Jaiswal: <https://www.youtube.com/watch?v=7O8iO7Oz8gw>
29. Dr. Kamini Gupta: <https://www.youtube.com/watch?v=KH1Q91joCeE>
30. Dr. Anupam Gupta: <https://www.youtube.com/watch?v=lKGsm0vWFy8>
31. Dr. Pooja, Commerece: <https://www.youtube.com/watch?v=G8sZisGIAYk>
32. Dr. Sunita Yadav: <https://www.youtube.com/watch?v=QIFuQNvoyJw>
33. Dr. Naresh Singh: <https://www.youtube.com/watch?v=c6BiOQgJenU>
34. Dr. Amit Dubey: https://www.youtube.com/watch?v=BFbTP97p1_Y
35. Dr. Manish Tiwari: <https://www.youtube.com/watch?v=WGyZrNexlks>
36. Dr. Asong Pou: <https://www.youtube.com/watch?v=SCDZXOBLT9Q>
37. Dr. Amit Dubey: <https://www.youtube.com/watch?v=KbpFFPT02U0>
38. Dr. Ruchi Mishra: <https://www.youtube.com/watch?v=sJfTu2KGomM>
39. Dr. Dibya: <https://www.youtube.com/watch?v=EZWWTyE1e0I>
40. Dr. Mamta Sanyal: <https://www.youtube.com/watch?v=vlhNE9-ITZ4>
41. Dr. Manju Mehrotra: <https://www.youtube.com/watch?v=v3gjq4cNqAY&t=15s>
42. Dr. Jaya Roy: <https://www.youtube.com/watch?v=ezKvLGERMrs>
43. Dr. Rajani Choubey: https://www.youtube.com/watch?v=H3wBFM_mBGY
44. Dr. Shuchi Tiwari, Philosophy: <https://www.youtube.com/watch?v=r5fInUJmYjw>
45. Dr. O. P Jaiswal: <https://www.youtube.com/watch?v=GD1fiz37Pq8>
46. Dr. Sana Ahmed: <https://www.youtube.com/watch?v=c92sVVyUEro>
47. Dr. Swapna Bandhopadyay: <https://www.youtube.com/watch?v=OQWysYjDTPk>
48. Dr. Veena Suman: <https://www.youtube.com/watch?v=rUohbhkFt9I>
49. Dr. Vishwanath Mishra: <https://www.youtube.com/watch?v=75UFWz8db8w>
50. Dr. Swati S. Mishra: <https://www.youtube.com/watch?v=Cu7nhaiwkJQ&t=47s>
51. Dr. Anita Singh: <https://www.youtube.com/watch?v=dxYrjGELi7E&t=48s>
52. Dr. Geeta Singh: <https://www.youtube.com/watch?v=hjanYUvhk4&t=21s>
53. Dr. Bhanumati Mishra: <https://www.youtube.com/watch?v=VRbr8ZrE22s>
54. Dr. Meena Singh: <https://www.youtube.com/watch?v=DTVtBfbF1O4>
55. Dr. Rashika Singh: <https://www.youtube.com/watch?v=VUbGG5oPSIU&t=22s>
56. Dr. Anshul Jaiswal: <https://www.youtube.com/watch?v=5GkQUpDQiXg&t=2s>
57. Dr. Neeraj: <https://www.youtube.com/watch?v=NNWiCbPwWMU&t=37s>
58. Dr. Kanchan yadav: <https://www.youtube.com/watch?v=kg2KeipkBq0>
59. Dr. Sujata Patel: <https://www.youtube.com/watch?v=VLagf1BqfmQ&t=17s>
60. Dr. Jhumursen Gupta : <https://www.youtube.com/watch?v=tfkwmtSQma0>
61. Dr. Anamika Dixit: <https://www.youtube.com/watch?v=lkX--jqm250>
62. Dr. Sweta Singh: <https://www.youtube.com/watch?v=rPp2u83u11w&t=20s>

GREEN CELL

Clean environment is the basic necessity of human being for maintenance of good health and efficiency. Limited availability of public transport has resulted into increased use of personal vehicles, which is one of the causes of increase in air pollution. Therefore, efforts to recycle water and water harvesting are undertaken. Similarly, efforts are being undertaken to replace conventional energy in the form of electricity by solar energy wherever possible. In order to keep the college campus 'clean and green', the college has undertaken 'Green Campus Initiative'.

PLASTIC AWARENESS CAMPAIGN

Plastic awareness programme was conducted by green cell members. Green cell representatives went to all classes and sensitized all the students to minimise the use of plastic and ask them to make the college campus plastic free campus.



Plantation was done on 19/11/2018 by Green cell members.



WORLD ENVIRONMENT DAY

World Environment day was celebrated on 6th June 2019. Plants were distributed to all the college staff and other employees.



WOMEN CELL “TEJASWINI”

Various activities were done under women cell by different departments:

GENDER ISSUES, DISCRIMINATION AND SEX SELECTION MALPRACTICES IN INDIA

Women Cell “Tejaswini – A Cell for Women’s Studies & Development” has organized a lecture on 'Gender issues, discrimination and sex selection malpractices in India' by Miss Pragya, Indian Institute of public health, Delhi, dated 19/09/2018. One hundred eighty one (181) students participated in this lecture. Miss Pragya motivated girls to be aware about female foeticide. And there are some malpractices about food and sex selection practices. She also focused on Vegan Diet concept and healthy dietary practices.



LECTURE ON **MENSTRUAL HYGIENE AMONG WOMEN**

Tejaswini – A Cell for Women’s Studies & Development organized a lecture on “Menstrual Hygiene among Women” and Sanitary Napkin Vending Machine was installed by the Rotary Club Elite Varanasi. Professor Sangita Kansal, Professor & Head Department of Community Medicine, Institute of Medical Sciences, BHU delivered her lecture on Menstrual Hygiene. Forty nine (49) students participated in this programme. Rotary club installed one Sanitary Napkin Vending machine to promote healthy and safe menstrual practices and use of Biodegradable sanitary napkin.

Rotary Club Elite, Varanasi felicitated fifteen teachers on the occasion of Teachers day as Excellent Teachers Award on 14/09/2018. They were felicitated by Memento and a certificate from Rotary Club Varanasi.



WORKSHOP CUM ORIENTATION PROGRAMME

Tejaswini – A Cell for Women’s Studies & Development jointly organized a Workshop cum Orientation Programme on 1/10/2018 on the topic Disaster Risk Reduction (DDR). Dr. Prasannjeet, CMO Kabir Chaura Hospital was the keynote speaker of this programme. First Aid during Disaster like Fire, Flood, Drought and other natural and manmade disaster were practically demonstrated during this orientation cum workshop. Ninety One (91) students participated in this orientation programme.



INSTALLATION OF SANITARY NAPKIN VENDING MACHINE

Five Sanitary napkins were given to college to create awareness regarding menstrual hygiene. Various clubs like Lions Club has donated on 04/10/2018, Rotary Club Elite has donated on 14/09/2018, and Rotary Club Central on 08/10/2018, Rotary Club, Varanasi on 27/10/2018 has donated this vending machine for college girls. Main Aim for donating these machines was to make these napkins accessible for the girls.



WOMEN'S DAY CELEBRATION UPLIFTMENT OF WOMEN THROUGH DEVELOPING LIVELIHOOD SKILLS

On the occasion of **International Women's day** Women Cell "Tejaswini" has organised on day programme on "Upliftment of Women through Developing Livelihood Skills" under the ageis of IQAC and Department of Home Science. Mr. Susheel Tiwari, **DSM NABARD** was the main speaker of this programme. He delivered his talk for opportunities in women entrepreneurship. On the occasion of women's day two leading women entrepreneurs were fecilitated. First one was Mrs. Shradhha Sinha Owner of MINI INDIA and second was Miss. Anjali Yadav owner of Food restaurant. One hundred and fifty-one (151) participated in this programme.



VOTING AWARENESS CAMPAIGN

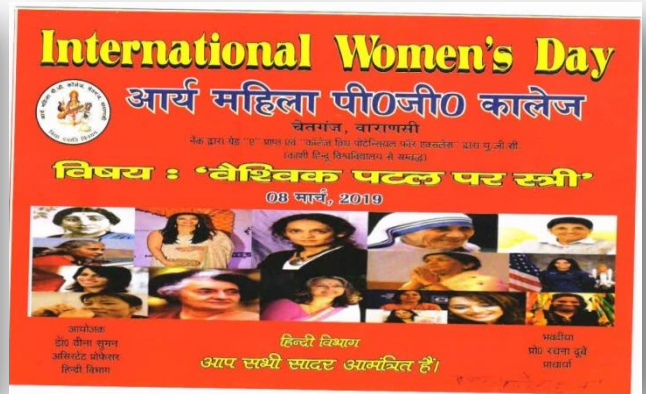
Women Cell “Tejaswini” has jointly organized Voting Awareness Campaign by Mrs. Neelu Mishra (International Master Athlete, India and Brand Ambassador of SVEEP, Vns.) through Nukkad Natak and , Mehandi on 10/04/2019.



INTERNATIONAL WOMENS DAY

Various departments has organized programme on International Women's day.

1. On the occasion of International women's Day, the department of Hindi organized a lecture on "Vashvik Patal Par Stree" on 08/03/2019. Main speaker was prof. Shraddha Singh, Department of Hindi, BHU who talked on the social and political background of women. Second speaker was Dr. Vandana Jha, Department of Hindi, VKM, Varanasi spoke on different aspects of women connected to the literature with detailed description. In this connection who talked about the contribution of Annie Besant, Bhagini Nivedita, Maa Sharda and Kamla Nehru. Dr. Brijbala Singh, Head, Deptt. of Hindi, AMPGC expressed her view on the meaning of women concern in the context of modernity. Dr. Veena Suman was Convener of the lecture. A large number of student's learned the different dimensions of the women. All the teachers and students were presented in the lecture.



NATIONAL SEMINAR ON
“WOMEN ENTREPRENEURSHIP IN INDIA: CHALLENGES AND
PROSPECTS”

2. On the Occasion of International Women’s Day Two-Day National Seminar on the topic ‘Women Entrepreneurship in India: Challenges and Prospects’ was organized by department of commerce on 15-16 march, 2019. The objective of the seminar was mainly focused on the social and economic problems faced by women entrepreneur and makes some suggestions to overcome the major problems encountered by them as well as government initiatives towards women entrepreneurship era.

Inaugural session (15th March) the chief guest was Prof. O. P. Rai, Pro-VC of Central University of South Bihar and Guest of Honor was Prof. Manas Pandey, Head and Dean, Faculty of Management, Purvanchal University, Jaunpur.

There were three technical sessions. First Technical session was chaired by Pro. K. S. Jaiswal (Co-Ordinator IQAC, Faculty of Commerce, MGKVP) and Co –chaired by Dr. Shardul Choubey (Registrar RGSC , Mirzapur) . Second technical session was chaired by Prof. B. Mishra, Ex Head and Dean , Faculty of Commerce, Udai Pratap Autonomous College, VNS and Co-chaired by Dr. Amit Kumar Singh(Head, Department of Economics, U.P. College, VNS). Third Technical Session was chaired by Dr. Rajeev Singh, Principal Sunbeam Women’s College Varuna and Co-Chaired by Dr. S. P. Singh (Head Department of Commerce, Raj SMS). Several Topics were discussed in the seminar and more than 300 delegates were participated /presented in the seminar.

In Valedictory session (16th March, 2019) The chief Guest was Mr. Kauslendra Singh Ex-Mayor and Member of Backward Commission of India and Guest of Honour was Mrs. Mridula Jaiswal, Mayor of Varanasi and eminent women entrepreneurs were presented their view on burning issues of women entrepreneurship in this session. Some of them were Mrs. Shraddha Sinha (Craft Mini India), CA Sudeshna Basu, Ms. Pooja Goswami(Event Planner. Three Hundred participants participated in this conference.



WOMEN'S DAY CELEBRATION UPLIFTMENT OF WOMEN THROUGH DEVELOPING LIVELIHOOD SKILLS

- On the occasion of Women's day the department of Home Science organized a one day programme on "Upliftment of Women through Developing Livelihood Skills" under the aegis of IQAC and Women Cell. Mr Susheel Tiwari, DSM NABARD was the main speaker of this programme. He delivered his talk for opportunities in women entrepreneurship. On the occasion of women's day two leading women entrepreneurs were facilitated. First one was Mrs. Shradhha Sinha Owner of MINI INDIA and second was Miss Anjali Yadav owner of Food restaurant. One hundred fifty one (151) participated in this programme.



EXHIBITION CUM SALE MIRI (MADE IN RURAL INDIA)

Women Cell “Tejaswini” and Department of Home Science has jointly organized an Exhibition cum sale through MIRI (Made in Rural India initiative taken by Prime Minister of India) for the upliftment of economic condition of rural women in India. Thirty students participated in this programme.



LECTURE ON GENERIC MEDICINE AND MENSTRUAL SANITATION

The department of Home Science, Health & Hygiene unit and Tarani foundation of life, Varanasi jointly organized an awareness program on “Generic Medicine and menstrual sanitation” on World Health Day (01/04/2019). One hundred and fifty- four student participated in this programme.



PROMOTION OF GENERIC MEDICINE

College has organized a one-day health programme in collaboration with Tarini foundation. Mr. Sidhartha Nath Singh, Health Minister, U.P Government was the key note speaker of this programme. He promoted Jan Aushadhi programme launched by Honourable Prime Minister. He explained the benefits of Generic medicine. Members of Tarini foundation distributed 100% biodegradable sanitary napkins to the students and they selected few

pharmacists as Jan Aushadhi Mitra. Dr. Shashikant Dixit, Manager, Arya Mahila P.G. College and Principal Prof Rachan Dubey welcomed the chief guest.

